

The One

32 Count, 2 Wall, Intermediate
Choreographer: Trine Haukø Lund (NO) April 2017
Choreographed to: Daddy by Abby Anderson

16 counts intro

Section 1: Step L Fwd, Step R Fwd, 1/2 Turn L, Recover L, Step R Fwd, Full Turn R, Lock Step, Walk R Fwd, Rock L Fwd, Recover R

1 Step LF forward,
2&3 Step RF forward, turn 1/2 L, recover on LF, step RF forward
4&5 Turn 1/2 R, step LF backwards, turn 1/2 R, step RF forward, step LF forward
&6 Lock RF behind LF, step LF forward
7-8& Walk RF forward, rock LF forward, recover on RF
Count 7-8. You can sweep R and LF from back to front as you walk fwd.

Section 2: Slide Backwards L, Coaster Step R, Scissor Step 1/4 Turn R, Point R, Full Turn R, Rock L, Recover R, Cross L

1 Step/slide backwards on LF
2&3 Step RF backwards, step LF next to RF, step RF forward
4&5 Step LF forward, turn 1/4 R(9.00), recover on RF, cross LF over RF
6-7 Pont RF to R, make a full turn R(9.00), and drag RF towards LF
&8 Rock LF to L, recover on RF
& Cross LF over RF

Section 3: Night Club Basic R, 1/4 Turn L, Step 1/2 Turn L, Press R, Recover L, 1/2 Turn R, Coaster Cross R

1-2& Step RF to R, cross LF behind RF, cross RF over LF
3 Turn 1/4 L(6.00), step LF forward
4&5 Step RF forward, turn 1/2 L(12.00), recover on LF, press RF forward
6 Recover on LF, turn 1/2 R(6.00)
7&8 Step RF backwards, step LF next to RF, cross RF over LF

Section 4: Side L, Cross R, Sweep L, Cross L, Side R, Behind L, Sweep R, Coaster Cross R, Full Turn L, Rock L, Recover R

&1 Step LF to L, cross RF in front of LF, sweep LF from back to front
2&3 Cross RF over LF, step RF to R, cross LF behind RF, sweep RF from front to back
4&5 Cross RF behind LF, step LF to L, cross RF over LF
6-8 Make a full turn L, rock LF backwards, recover on RF

Tags

Tag 1: 4 Count Tag After Wall 2 Facing 12

1-4 Change weight L-R-L-R

Tag 2: 4& Count Tag In Wall 5 After Section 2. Facing 9

1-2 Change weight R-L

3-4& Change weight R-L change weight R and turn 1/4 R(12.00)

Restart

After the tag in wall 5, facing 12.