

## 2 Become 1

32 Count, 2 Wall, Intermediate  
Choreographer: Alison Biggs & Peter Metelnick  
(TheDanceFactoryUK) – February 2017  
Choreographed to: 2 Become 1 – Spice Girls

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**Start after 16 count intro - approx. 15secs – 144bpm – 4mins 05secs**

- Section 1**      **R Fwd, L Mambo Sweep, R Behind-Side-Cross, L Step Touch Side, L Behind, ¼ R Fwd**  
1-2&3      Step R forward, rock L forward, recover weight on R, stepping L back sweep R from front to back
- 4&5      Cross step R behind L, step L side, cross step R over L  
6&7      Step L side, touch R together, step R side  
**Restart: During walls 3, 6 & 9 facing front wall, dance first 7 counts taking a big step to the right dragging L together and restart**
- 8&      Cross step L behind R, turning ¼ step R forward (3 o'clock)
- Section 2**      **L Fwd Rock/Recover, ¼ L Side, R Fwd Rock/Recover, ½ R, Full R Spiral, R Fwd, L Fwd, ¼ R Pivot Turn, L Cross Step, R Side**  
1-2&      Rock L forward, recover weight on R, turning ¼ left step L side (12 o'clock)  
3-4&      Rock R forward, recover weight on L, turning ½ right step R forward (6 o'clock)  
5-6      Stepping L forward spiral R full turn, step R forward  
7&      Step L forward, pivot ¼ right (9 o'clock)  
8&      Cross step L over R, step R side
- Section 3**      **L Back Rock, Recover, ½ L & R Point, R Cross-L Back-R Back, ¼ L, ¼ L, R Fwd, ¼ L Pivot Turn, R Cross Step**  
1-2&3      Rock L back, recover weight on R, turning ¼ left step L forward (6 o'clock), continuing to turn another ¼ left point R side (3 o'clock)  
4&5      Cross step R over L, step L back, step R back body facing right diagonal  
6&      Cross step L over R, turning ¼ left step R back (12 o'clock)  
7&      Turning ¼ left step L forward (9 o'clock), step R forward  
8&      Pivot ¼ left (6 o'clock), cross step R over L
- Section 4**      **L Nc Basic, R Nc Basic With ¼ Turn L, R Fwd, ½ L Pivot Turn, R Fwd, ¼ L Pivot Turn, R Fwd Lock Step**  
1-2&3      Step L side, rock R back, recover weight on L, step R to right side  
4&5      Rock L back, recover weight on R, turning ¼ left step L forward (3 o'clock)  
6&      Step R forward, pivot ½ left (9 o'clock)  
7&      Step R forward, pivot ¼ left (6 o'clock)  
8&      Step R forward, lock L behind R
- Big Ending:**      **Dance up to count 14, forward spiral you will be facing 12 o'clock & step L forward as you strike a pose!**