



Web site: www.linedancermagazine.com

E-mail: admin@linedancermagazine.com

Mia Sofia

64 Count, 1 Wall, Intermediate

Choreographer: Jenifer Wolf – "Dance With Wolves", B.C.
Canada - March 2017

Choreographed to: Sofia - Alvaro Soler (Single) 128 bpm

Sequence: 64, 4, 64, 16, 64, 4, 64, 16, 64, 64 - Intro 16 Counts

S1 Rock, Replace, Triple Side, Rock, Replace, Triple Side

1-2 Cross left foot in front of right foot, Step right foot in place
3&4 Step left foot to left side, Step right foot beside left foot, Step left foot to left side
5-6 Cross right foot in front of left foot, Step left foot in place
7&8 Step right foot to right side, Step left foot beside right foot, Step right foot to right side

S2 Rock, Replace, Turn $\frac{3}{4}$ Left, Step Out, Step Out, Step In, Step In

1-2 Step left foot forward, Step right foot in place
3&4 Turn $\frac{3}{4}$ left as you do a triple in place LRL. (3:00 o'clock)
5-6 Step right foot forward on a right diagonal, Step left foot forward on a left diagonal
7-8 Step right foot back stepping to centre, Step left foot back beside right foot

S3 Heel, Grind, Coaster, Heel, Grind, Coaster

1-2 Place light weight on right heel forward toe pointing in to the left, Swivel heel to centre
3&4 Step right foot back, Step left foot beside right foot, Step right foot forward
5-6 Place light weight on left heel forward, toe pointing in to the right, Swivel heel to centre
7&8 Step left foot back, Step right foot beside left foot, Step left foot forward

S4 Rock, Replace, Triple Back, Rock, Replace, Step, Stomp & Clap

1-2 Step right foot forward, Step left foot in place
3&4 Step right foot back, Step left foot beside right foot, Step right foot back
5-6 Step left foot back, Step right foot in place
7-8 Step left foot forward, Stomp right foot up as you step forward and clap at the same time

S5 Touch, Touch, Turn $\frac{1}{2}$ Right, Touch, Repeat Turn $\frac{1}{2}$ Left, Touch

1-2 Touch right toe forward, Touch right toe out to right side
3-4 Turn $\frac{1}{2}$ right onto right foot, Touch left toe to left side
5-6 Touch left toe forward, Touch left toe out to left side
7-8 Turn $\frac{1}{2}$ left onto left foot, Touch right to right side (this is not a Monterey)

S6 Rock, Replace, Turn $\frac{1}{4}$ Right, Sway, Sway, Turn $\frac{1}{4}$ Left, Repeat

1-2 Step right foot forward, Step left foot in place (3:00 o'clock wall)
3-4 Turn $\frac{1}{4}$ right onto right foot as you sway right, Sway onto left foot (6:00 o'clock wall)
5-8 Turn $\frac{1}{4}$ left repeating counts 1-4 (ending facing 6:00 o'clock back wall on the sway left)

S7 Three Heel Switches, Clap, Step, Turn $\frac{1}{2}$ Left, Step, Step

1&2 Touch right heel forward, Step right foot beside left foot, Touch left heel forward
&3-4 Step left foot beside right foot, Touch right heel forward, Clap
5-6 Step right foot forward, Turn $\frac{1}{2}$ left onto left foot (12:00 o'clock, front wall)
7-8 Step right foot forward, Step left foot forward

S8 Step, Together, Step, Brush, On A Diagonal Right, Repeat To Left

1-2 Step right foot to right side on a right diagonal sideways, Step left foot beside right foot
3-4 Step right foot to right side, Brush left foot beside right foot
5-6 Step left foot to left side on a left diagonal sideways, Step right foot beside left foot
7-8 Step left foot to left side, Step right foot beside left foot

Begin again, enjoy!

**Tags: 4 counts: after 1st & 3rd repetition, forward 2 steps, left, right, Step back 2 steps left, right
#16 counts: after 2nd & 4th. repetition, 3 heel switches starting with the left foot, R. L., clap, step left forward, turn $\frac{1}{2}$ right, step forward, left, right, step to left side, together right, step left, brush right, rock right forward, step left in place, turn $\frac{1}{2}$ right triple forward right, left, right. Ends on front wall**

Linedancer Magazine, 166 Lord Street, Southport, United Kingdom, PR9 0QA
Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768^{*charged at 10p per minute}