



Web site: [www.linedancermagazine.com](http://www.linedancermagazine.com)

E-mail: [admin@linedancermagazine.com](mailto:admin@linedancermagazine.com)

## This Is Me (In Nashville)

32 Count, 4 Wall, Improver

Choreographer: Karen Kennedy ( January 2017)

Choreographed to: This Is Me by Derek Ryan (Single)  
or New Album - This Is Me( Nashville Songbook)

---

Intro:- 16 counts just before vocals kick in

### **S1 Right Chasse, Rock Back, Recover, ¼ Left Travelling Shuffle Back, ½ Turning Shuffle**

1&2 Step right to right side, close left beside right, step right to right side

3 -4 Rock back on left, recover on right

5&6 ¼ turn right stepping back on left, close right beside left, step left back (3.00)

7&8 Over right shoulder ½ turning shuffle – stepping forward on right, left, right (9.00)

### **S2 Rock Fwd, Recover, ¼ Left Chasse, Right Sailor, Left Sailor With ¼ Turn**

1 -2 Rock forward on left, recover on right,

3&4 ¼ turn left stepping left to left side, close right beside left, step left to left side (6,00)

5&6 Cross right behind left, step left to left side, step right to right side

7&8 Cross left behind right taking ¼ turn left, step right to right side, step left to left side (3.00) \* Restart during wall 4

### **S3 Cross Rock, Recover, Right Chasse, Cross Step, Left Sailor With ¼ Turn**

1 -2 Cross right over left, recover on left

3&4 Step right to right side, close left beside right, step right to right side

5 -6 Cross step left over to right side, step right to right side

7&8 Cross left behind right taking ¼ turn left, step right to right side, step left to left side (12.00)

### **S4 Right Chasse, Rock Back, Step ¼ Turn, ½ Turn, Left Shuffle**

1&2 Step right to right side, close left beside right, step right to right side

3 -4 Rock back on left, recover on right

5 -6 ¼ turn right stepping back on left (9.00), ½ turn right stepping forward on right (3.00)

7&8 Step left forward, close right beside left, step left forward (9.00)

START DANCE AGAIN

Note:- During wall 4 dance first 16 counts and restart dance facing back wall.