



Web site: www.linedancermagazine.com

E-mail: admin@linedancermagazine.com

Rehearsal

32 Count, 0 Wall, Beginner

Choreographer: Danual Moon – March 2017

Choreographed to: Undress Rehearsal by TimeFlies

Co-Choreographers: Alfredo Vilano, Kaylie Schultz, Aerial Colbert, Andy Jones

S1 Knee Dip, Sailor, Sway, Triple

- 1, 2 - L knee dip in, knee out w/ quarter turn left
- 3&4 - Sailor step LRL w/ quarter turn left
- 5, 6 - hip sway right quarter turn right
- 7&8 - triple back LRL (with accentuated knee pop)

S2 Walk, Body Roll, Cross, Heel Swivels

- 1, 2 - Walk back R, L
- 3, 4 - step back right with a body roll to distribute weight (left foot should be forward, knee up, weight on right, left toe touching)
- &5, 6 - And cross, clap (change weight onto left, cross right in front of left, clap)
- 7&8 – 2 Heel swivels right to ½ turn over your left

S3 Jump (drop), Slide, Big Hip Sways

- 1, 2 - jump forward (optional: girls can drop it)
- 3,4 - slide back diagonal right, dragging left foot
- 5, 6, 7, 8 - two booty sways ½ turn over your left shoulder

S4 Walk Point, Triple, Body Sway/Roll

- 1, 2 - step forward R, point L out
- 3, 4 - step forward L, point R out
- 5&6 - triple RLR
- 7, 8 - step out left, sway body out to in

No Restarts Or Tags