
PENGUIN WALKS (THE FIRST EIGHT COUNTS ARE DONE WALKING FORWARD.)

- 1 - 2 Place left foot forward with left heel pointing inward and step forward.
2 - 4 Place right foot forward with right heel pointing in and step forward.
5 - 8 Repeat steps 1-4.

ROCK LEFT, BACK RIGHT, CHA-CHA LEFT

- 9 - 10 Step forward with left foot, rock back on right foot.
11 - 12 Cha-cha in place left-right-left.

BACK RIGHT, ROCK LEFT, CHA-CHA RIGHT

- 13 - 14 Step back on right foot, rock forward on left foot.
15 - 16 Cha-cha in place right-left-right.

STEP LEFT, 1/2 RIGHT, BUMP LEFT TWICE

- 17 - 18 Step forward with left foot, pivot 1/2 turn to right.
19 - 20 With left leg still back, bump to left twice.

SKI JUMPS (PRETEND YOU HAVE SKI'S.)

- 21 Jump to 11 o'clock with feet and hands together.
22 Jump to 2 o'clock with feet and hands together.
23 - 24 Repeat steps 21-22.

SHIVERS

- 25 - 28 Fold over arms and shiver (shoulder shimmy) four times.

SLIPPERY ICE

- 29 Brush right foot forward.
30 Step home with right foot while pivoting on the ball of the left foot 1/4 turn to the left.
31 Brush left foot forward.
32 Bring left foot home.

KNEE KNOCKS

- 33 - 36 Knock you knees together four times. (on last count shift your weight to the right foot.)

REPEAT