

The Jump

32 Count, 4 Wall, Improver

Choreographer: Rebecca Armstrong (UK) Mar 2017

Choreographed to: die krüge hoch by Antonio Balloni & Michi Steirer*

*(Theme song at the end of "the jump")

Section 1 Rock Cross Shuffle, Rock Cross Shuffle

1-2 rock R to R side, recover on to L
3&4 step R across L, step L to L side, step R across L
5-6 rock L to L side, recover on to R
7&8 step L across R, step R to R side, step L across R

Section 2 Side Behind ¼ Shuffle, Rock Recover Coaster

1-2 step R to R side, step L behind R
3&4 make ¼ turn R stepping fwd on R, step L beside R, step fwd on R
5-6 rock fwd on L, recover back on R
7&8 step back on L, step R beside L, step fwd on L

Section 3 Side (dab) Hold, Behind Side Cross X 2

1-2 step R to R side (dab*), hold
3&4 step L behind R, step R to R side, step L across R
5-6 step R to R side (dab *), hold
5&6 step L behind R, step R to R side, step L across R

Section 4 Rock Cross Shuffle, ½ Turn Touch

1-2 rock R to R side, recover on to L
3&4 step R across L, step L to L side, step R across L
5-6 make ¼ turn R stepping back on L, make ¼ turn R stepping fwd on R
7-8 step slightly fwd on L, touch R beside L

***dab: left arm across face, R arm to right side**