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## Open My Heart

90 Count, 2 Wall, Intermediate

Choreographer: Maria Maag (DK) Mar 2017

Choreographed to: Anywhere But here by Christina Aguilera  
(Finding Neverland)

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Track: 3:40m

Phrasing: 90, 84, 90, 84, 60, 82

\*\*\*3 Restarts:

On wall 2 after 84 counts ( facing 12:00 ), step fw. R (1)

On wall 4 after 84 counts ( facing 12:00 ), step fw. R (1)

On wall 5 after 60 counts ( facing 6:00 ), step fw. R (1)

Intro: 12 counts from first beat.

Ending: On wall 6 after 81 counts ( facing 12:00 ) step fw. L, drag R next to L (82) .... The End

Note: Thank you so much Niels Poulsen for your Inspiration and help with a few steps. Much appreciated.

- Section 1** Step fw. R, ½ turn R, cross L over R point R to R diagonal  
1-2-3 Step fw. R (1), step fw. L (2), turn ½ R stepping fw. R (3) 06:00  
4-5-6 Cross slightly L over R (4), point R diagonally fw. R (5), hold (6) 07:30
- Section 2** Step back R, rock L, recover R, step L fw. Figure 4 3/8 turn L  
1-2-3 Step R back L (1), rock L to L side (2), recover R (3) 07:30  
4-5-6 Step fw. L (4), turn 3/8 L on L as you bend L knee and R foot goes to L shin (5), hold (6) 03:00
- Section 3** Weave L, step L to L slide R next to L as you move your upper body and arms towards L  
1-2-3 Cross R over L (1), step L to L side (2), cross R behind L (3) 03:00  
4-5-6 Take a big step L (4), slide R next to L as you move your upper body and arms towards L (5), hold (6) 03:00
- Section 4** Chasse ¼ R (option: 1 ¼ turn R ) ½ turn R step back L and sweep R  
1-2-3 Step R to R (1), step L next to R (2), Turn ¼ R stepping fw. R (3) 06:00  
4-5-6 Turn ½ R on R stepping back L and sweep R from front to back (4), continue sweeping R (5-6) 12:00
- Section 5** Behind, 1/8 L, step fw R, slowly rock fw. L  
1-2-3 Cross R behind L (1), turn 1/8 L step L to L (2), step fw. R (3) 10:30  
4-5-6 Slowly Rock fw. L reach R arm fw. open hand and palm facing down (4-5), hold (weights L arm is fw.)(6) 10:30
- Section 6** Recover R, step back L, turn ¼ R stepping fw. R, lunge L fw. prep and reach R arm fw.  
1-2-3 Step back R and bend R elbow and pull R arm back and close your hand (1), step back L (2), turn ¼ R stepping fw. R (3) 01:30  
4-5-6 Step fw. L and lunge fw. as you rotate your upper body L and reach fw. With your R arm (4-5-6) (weight ends on L) 01:30
- Section 7** Recover R, step back L turn ½ R on L stepping fw. R, step fw. L slowly kick R fw.  
1-2-3 Recover back R (1), step back L (2), turn ½ R on L stepping fw. R (3) 07:30  
4-5-6 Step fw. L (4), hitch R knee (5), stretch R leg (6) 07:30
- Section 8** Step back R turn 1/8 R and Lunge R, recover ¼ L sliding R next to L  
1-2-3 Step back R (1), turn 1/8 R on R as you move your upper body and arms R (2), hold with R leg bent and L leg stretched (3) 09:00  
4-5-6 Turn ¼ L stepping fw. L (4), slide R next to L (5-6) Styling: your body is slowly turning towards L diagonal 06:00
- Section 9** Twinkle R, twinkle L  
1-2-3 Step R diagonally fw. L (1), step fw. L (2), step R diagonally fw. R (3) 06:00  
4-5-6 Step L diagonally fw. R (4), step fw. R (5), step L diagonally fw. L (6) 06:00
- Section 10** Cross full unwind L, sweep R  
1-2-3 Cross R over L (1), make a full unwind L on R (2-3) 06:00  
4-5-6 Step down L (4), sweep R fw. (5-6)
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**Restart wall 5 06:00**

**Section 11 Jazz ½ turn R, basic fw. L**

1-2-3 Cross R over L (1), turn ¼ R stepping back L (2) turn ¼ R stepping fw. R (3) 12:00  
4-5-6 Step fw. L (4), step R next to L (5), step L next to R (6) ( Option : Full triple turn L ) 12:00

**Section 12 Twinkle R, Twinkle L**

1-2-3 Step R diagonally fw. L (1), step fw. L (2), step R diagonally fw. R (3) 12:00  
4-5-6 Step L diagonally fw. R (4), step fw. R (5), step L diagonally fw. L (6) 12:00

**Section 13 Cross full unwind L, sweep R**

1-2-3 Cross R over L (1), make a full unwind L on R (2-3) 12:00  
4-5-6 Step down L (4), sweep R fw. (5-6) 12:00

**Section 14 Jazz ½ R, basic fw. L**

1-2-3 Cross R over L (1), turn ¼ R stepping back L (2) turn ¼ R stepping fw. R (3) 06:00  
4-5-6 Step fw. L (4), step R next to L (5), step L next to R (6)  
**Option : Full triple turn L**  
**Restart wall 2&4 06:00**

**Section 15 Step fw. R with kick fw. L, step back L hook R in front of L**

1-2-3 Step fw. R (1), kick L fw. (2-3) 06:00  
4-5-6 Step back L (4), hook R in front of L (5-6) 06:00