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Gotta A Lot Of Rhythm

32 Count, 4 Wall, Beginner

Choreographer: Roger Neff (February, 2017)

Choreographed to: Gotta a Lot of Rhythm in My Soul
by Niamh Lynn

Intro: 16 Counts

S1 Rumba Box With Shuffles Forward And Back

1-2,3&4 Step L, Step R beside L, Shuffle fwd
5-6,7&8 Step R, Step L beside R, Shuffle back

S2 Walk Back L, R, Coaster Step, Step Forward With ¼ Turn To L, K-B-C

1-2,3&4 Walk back L, R, Step back on L, Step R beside L, Step fwd on L
5-6,7&8 Step fwd on R, Turn ¼ to L and step on L, Low kick with R, Rec on ball of RF, Step on L beside R

S3 R Heel Bounces X 3, L Heel Bounces X 3, R And L Heel Touches, R Heel Bounce, Heel Splits

1&2,3&4 Bounce R heel X 3, Bounce L heel X 3
5&6& Touch R heel fwd, Step in place, Touch L heel fwd, Step in place
7&8 Bounce R heel (7), Split heels out, in (&8)

S4 R Shuffle Back, L Shuffle Back, Walk Back R, L, Coaster Cross

1&2,3&4 Shuffle back R,L,R, Shuffle back L,R,L
5-6,7&8 Walk back R, L, Step back on R, Step L beside R, Step R over L