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## Rock And Roll Music - Beginner

32 Count, 4 Wall, Beginner

Choreographer: Jo Hough. Keith South Australia.

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Choreographed to: Rock and Roll Music by Bryan Adams

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**Dance starts on beat 8 on "rock". BPM 167 Track length 2:34 Huffie62@hotmail.com**  
**Thank you to Michelle my trusty sheet scrutiniser.**

**Sec 1: Strut Strut Mambo Forward. Back Back Coaster Step.**

1&-2& Forward R toe heel strut. Forward L toe heel strut  
3&4 Step forward on R, step weight L, step R together 12:00  
5&6 Back L toe heel strut, back R toe, heel strut  
7&8 Step L back step R together step left forward together

**Sec 2: Side Back Rock, Side Back Rock. Step Tog. Forward ¼ Step Lock Step \*\***

1&2 Step R to R, rock back on L, take weight R  
3&4 Step L to L, rock back on R, take weight L  
5&6 Step R to R, step L together, step R forward  
7&8 ¼ step L to left, lock step R behind L, step L 9:00

**Sec 3: Charleston Fwd , Back ,1/4 Turn Cross , Scissor Step Cross**

1&2 Swing R foot around touch toe forward, hold swing R around step back on R  
3&4 Swing L foot around touch toe back hold step L next to R  
5&6 Step forward on R take weight L ¼ turn pivot step R across L 6:00  
7&8 Step L to L, close R foot towards L step L across R

**Sec 4: Side Touch Point Touch. Step Touch Hip Bump.**

1-2 Step R to R , touch L together 6:00  
3-4 Point L out, touch next to R  
5-6 Step L to L touch R together  
7-8 Hip bump to R and L to centre

**Tags - No tags**

**Restart: On every second wall (2 4 6 8) Restart is always at the end of count 16.**

**Choreographed for my beginner class.**

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