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## Hop On Hop Off

64 Count, 2 Wall, Intermediate (Phrased)

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Choreographed to: Hop On Hop Off by Goodluck

**Phrasing:** A-A-A-B-B-A-A-B-B-A-A-A-B-B-A  
**Intro:** 16 counts

**Part A:** 32 counts

**A1: Weight Starts Left - Shoulder Dips, Samba Step x 2**

1&2 Gradually lean upper body to R as you Dip R shoulder and transfer weight to R (1)  
Dip L shoulder (&) Dip R shoulder (2)

3&4 Gradually straighten up as you Dip L shoulder and transfer weight to L (3)  
Dip R shoulder (&) Dip L shoulder (4)

5&6 Step R forward (slightly across L) (5) Rock ball of L to L (&) Recover weight on R (6)  
7&8 Step L forward (slightly across R) (7) Rock ball of R to R (&) Recover weight on L (8)

**Styling: Hips can be added while doing the shoulder dips.**

**A2: ½ L Turn C Bump, L Coaster Step, Swivel Walks**

1&2 Touch R to R side while turning ¼ L bumping hip to upper R (1) Bump hips to L (&)  
Turn ¼ L bumping hips to R taking weight back on R (2) 6:00

3&4 Step back on L (3) Step R next to L (&) Step L forward (4)

5,6 Take small step forward on R (5) Step L next to R (6)

7&8 Take small step forward on R (7) Quickly step L next to R (&) Take small step forward on R (8)

**Styling: 1 & 2 is intended to be a ½ smooth turn while executing a C bump.**

5-8 Can be skated on counts 5,7,8 while 6 and “&” are normal walks. Another alternative is shorty-George style.

**A3: Syncopated Rock Ball Steps, Hip Sways with ¼ R Turn**

1,2 & Rock forward on L ball (1) Recover weight on R (2) Quickly step L next to R (&)  
3,4,& Rock forward on R ball (3) Recover weight on R (4) Quickly step R next to L (&)

5,6 Complete 1/8 turn to R by rock-stepping L to L while swaying hips to L (5)  
Recover weight R while swaying hips to R (6) 7:30

7,8 Repeat counts 5,6. Complete 1/8 turn to R by rock-stepping L to L while swaying hips to L (7)  
Recover weight R while swaying hips to R (8) 9:00

**A4: Cross, Side, ¼ L Turn Sailor Step, Charleston**

1,2 Cross L over R (1) Step R to R (2)

3,4 Step L foot behind R (3) Step ball of R next to L (&) Turn ¼ L, stepping L forward (4) 6:00

**Charleston Using ball of feet:**

5 Touch R forward twisting both R and L heels inward (5)

& Twist both R and L heels outward (&)

6 Step R back, twisting both R and L heels inward (6)

& Twist both R and L heels outward (&)

7 Step L back, twisting both R & L heels inward (7)

& Twist both R and L heels outward (&)

8 Step L forward, twisting both R and L heels inward (8)

& Twist both R and L heels outward (&)

**Alternatively, with as much bounce in each step, using full beats. 5-8.**

**Touch R forward, Step R back, Touch L back, Step L forward.**

**PART B:** 32 counts

**NOTE: The first time you start B, you are facing the original 6:00 wall.**

**Assume time queues restart at 12:00 for script below.**

**B1: R Lunge, Hold, Ball R Lunge x 2, 1/2 Turn Sailor with a Kick, Ball, Dip, Step**

1,2 Lunge R forward opening arms so R arm is to the lower right diagonal and L arm is to  
the upper L diagonal (1) Hold (2)

&3&4 Quickly step ball of L next to R while folding arms inward towards chest (&) Lunge R forward  
opening arms so R arm is lower right diagonal and L arm is upper L diagonal (3), Quickly step  
on L ball while folding arms inward towards chest (&), Lunge R forward opening arms so R arm is  
lower right diagonal and L arm is upper L diagonal (4) 12:00

5&6 Cross L behind R turning ¼ L (5) 9:00, Step R back turning ¼ L 6:00 (&), Kick L foot forward (6)

&7,8 Step on ball of L next to R (&), Step R forward turning R toes diagonally R while dipping body down  
toward R (7), Step forward on L while squaring and lifting body (8)

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<b>B2:</b>	<b>Walk R, ¼ L Jazz Triangle, Cross Step R Behind L, ¼ L Turn, Side Step R, Cross L Over R</b>
1,2	Step forward on R (1), Cross L over R (2)
3,4	Step R back (3), Turn ¼ L and step L to L (4) 3:00
5,6	Cross R behind L (5), Turn ¼ L and step L forward (6) 12:00
7,8	Step R to R (7), Cross L over R (8)
<b>B3:</b>	<b>R Kick, Kick, Behind Side Cross, L Kick, Kick, Behind Side Step Forward</b>
1,2	Kick R forward to right diagonal (1), Kick R forward to right diagonal (2)
3&4	Step R behind L (3), Step L to L side (&), Cross R over L (4)
5,6	Kick L forward to left diagonal (5), Kick L forward to left diagonal (6)
7&8	Step L behind R (7), Step R to R side (&), Step L slightly forward (8)
<b>B4:</b>	<b>Snap &amp; R Kick Ball Change x 2, Step ½ turn L, Full Turn L</b>
1&2	Extend arms down to side with a snap while you Kick R forward (1) Quickly step on ball of R foot while bending arms up keeping elbows close to body (&) Step forward on L (2)
3&4	Extend arms down to side with a snap while you Kick R forward (3) Quickly step on ball of R foot while bending arms up keeping elbows close to body (&) Step forward on L (4)
5,6	Step forward on R (5) turn 1/2 L taking weight on L foot (6)
7,8	Turn ½ L stepping back on R (7) Turn ½ L stepping forward on L (8) 12:00

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