

## Tongue Tied Up

64 Count, 2 Wall, Intermediate  
Choreographer: Teresa and Vera (UK) Feb 2017  
Choreographed to: Tongue Tied by Earl

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### BPM 108. Start time. 8 count intro. On vocals

#### Section 1 Charleston X2.

1-2-3-4 Touch R toe fwd, step R foot back, touch L toe back, step fwd on L  
5-6-7-8 Repeat above 4 counts.

#### Section 2 Side Switches Hitch Cross x2.

1&2&3&4 Point R toe to R side, step R next to L, point L to L side, step L next to R, point R to R side,  
hitch R leg, cross R over L  
5&6&7&8 Repeat above 4 counts starting with L point. Weight will end on L.

#### Section 3 Turning Rumba Box Back

1&2-3&4 Step R to R side, step L next to R, starting to make 1/4 turn to L step back on R,  
finishing your 1/4 turn step L to L side, step R next to L, step fwd on L.  
5&6-7&8 Repeat above 4 count. (6)

#### Section 4 Syncopated Fwd Locks, Mambo, Coaster

1&2&3&4 Step fwd to slight R diagonal on R, lock L behind R, fwd on R, step L fwd to slight L diagonal,  
lock R behind L, L fwd to L diagonal, step fwd on R.  
5&6-7&8 Mambo fwd on L, coaster with R.

#### Section 5 "Tippy Toes" To Sides, Rock Replace x2

1&2&3-4& Small side step to L with L, step R next to L, small side step to L, R next to L, small side step to L,  
rock back on R, replace weight to L  
5&6&7-8& Repeat above 4 counts to R side leading with R.

**Note: The above 8 counts should be done on the balls of your feet, its quick so take small side steps. Put some hips into it too!**

#### Section 6 Point Crosses X2, Back Locks

1-2-3-4 Point L toe to L side, cross L over R, point R toe to R side, cross R over L.  
5&6&7&8 Step back on L, lock R over L, step back on L, lock R over L, step back on L, lock R over L,  
step back on L.

**Note: On the back locks you will end up facing your L diagonal, 4 o'clock.**

**Option. As you do the locks back push both arms fwd on the step back & bring them in on the lock, as though you're pushing yourself backwards! Just for fun!**

#### Section 7 Coaster Step, Walk Walk, Rock 1/4 Turn R Step, Walk Walk.

1&2-3-4 Facing 4 o'clock do a R coaster step, walk fwd, LR  
5&6-7-8 Straighten up to the 6 o'clock wall & rock L to L side, make 1/4 turn R stepping fwd on R,  
step fwd on L, walk fwd RL (9)

#### Section 8 Mambo, Coaster, Turning Ball Steps

1&2-3&4 Mambo fwd on R, coaster step with L  
5&6&7-8 Starting to make a 3/4 turn R in a circular motion step fwd on R, step L next to R, step fwd on R,  
step L next to R, step fwd on R, step fwd on L now facing 6 o'clock wall. To start dance again!

#### Ending.

**In the music he will sing a load of double dutch! You'll know it when you hear it!  
He sings that section 3 times. On the 3rd time that will be your last wall. You'll get to the last 4 counts, the turning ball steps, keep turning it to the right until you end up at the front, it will be 1 3/4 with a Taa Daa!! Just have fun with it. xx**