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## Heartbeat

32 Count, 4 Wall, Improver  
Choreographer: Stephen Pistoia – Feb 2017  
Choreographed to: Heartbeat by Drake White

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Intro: 32 counts

**S1 Walk,Walk, Jazz Box, Shuffle Rt**

- 1-2 step RF forward, LF forward
- 3-4 cross RF over LF, step LF out to L
- 5-6 step RF next to LF, cross LF over RF
- 7&8 step RF out to R, step LF next to R, step RF out to R

**S2 Rock Back, Shuffle Lt ¼ Turn R ,ROCK Recover, Kickball Change**

- 1-2 rock LF behind RF, recover on RF
- 3&4 step LF to out L, making ¼ turn right,step RF next to LF, step LF back ( 3o'clock)
- 5-6 rock RF back, recover on LF
- 7&8 kick RF forward, step RF next to LF, step LF next to RF  
( Optional stomp,stomp at the end of wall 2 for 7-8 to represent a heartbeat, fun for wood floor )  
Restart here on walls 2,4

**S3 Monterey R, Rock Forward, Rock Recover Forward And Out**

- 1-2 point RF out to RT, step RF next to LF
- 3-4 making ¼ turn point LF out to LF, step LF next to RF
- 5-6 rock forward on RF, recover on LF
- 7-8 rock RF out to RT, recover on LF

**S4 And Rock Recover Out To Left, Back Rock, Walk, Walk, Stomp, Hold**

- &1-2 step RF next to LF taking weight on RF and point LF out to LT and rock back on RF
- 3-4 rock back on LF, recover on RF
- 5-6 step LF forward, step RF forward
- 7-8 stomp LF, and hold on eight