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## Grace & Grit

32 Count, 4 Wall, Beginner

Choreographer: DJ Henrik – Feb 2017

Choreographed to: Grace & Grit by Meghan Patrick

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### Start on Lyrics

#### **S1 Step R Frw, Twist Heels, Hitch , Coaster Step, Touch**

- 1,2 Step RF forward, with weight on both feet twist both heels forward
- 3,4 Twist heels back to center, push R knee up
- 5,6 Step RF back, step LF beside RF
- 7,8 Step RF forward, touch LF beside RF

#### **S2 Vine L, Scuff, Vine R, Scuff**

- 1,2 Step LF to L, step RF behind LF
- 3,4 Step LF to L, scuff RF forward
- 5,6 Step RF to R, step LF behind RF
- 7,8 Step RF to R, scuff LF forward

#### **S3 Step Out L, Step Out R, Hands On Your Hip, Heel Bounce With Hip Roll**

- 1,2 Step LF out to L, step RF out to R
- 3,4 Place R hand on R hip, place L hand on L hip
- 5,6,7,8 Bounce your heels up & down while you roll your hips back from R to L side starting to the R Ending with weight on LF.

#### **S4 Shuffle R With ¼ Turn L, Shuffle L, Touch**

- 1,2 Step RF to R, step LF beside RF
- 3,4 Step RF to R, turn a ¼ to L & touch LF beside RF (9:00)
- 5,6 Step LF to L, step RF beside LF
- 7,8 Step LF to L, touch RF beside LF

Restart dance & enjoy