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Monica EZ

88 Count, 1 Wall, Improver (Phrased)
Choreographer: Winnie Yu (CA) Feb 2017
Choreographed to: Monica by Leslie Cheung

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- Intro:** 16 counts - Sequence: ABA BAC, A32, ABA BAC, BBB
- Part A:** 40 counts
- Section A1:** Vine R, Clap, Vine L, Clap
- 1-2-3-4 Step right to side, step left cross behind right, step right to side, touch left besides right & clap hands
- 5-6-7-8 Step left to side, step right cross behind left, step left to side, touch right besides left & clap hands
- Section A2:** K - Steps
- 1-2-3-4 Forward right to diag. R, touch left besides right, step left back to diag. L, touch right besides left
- 5-6-7-8 Step right back to diag. R, touch left besides right, forward left to diag. L, touch right besides left
- Section A3:** R Jazz Box, Hold, L Jazz Box, Hold
- 1-2-3-4 Cross right over left, step left back, step right to side, hold
- 5-6-7-8 Cross left over right, step right back, step left to side, hold
- Section A4:** V Shapes (Out, Out, In, In) x 2
- 1-2-3-4 Step right forward diag. R (R hand up), step left forward diag. L (L hand up), step right back to Center (bring back R hand in front of chest), step left together (bring back L hand in front of chest)
- 5-6-7-8 Repeat counts: 1 – 4
- Section A5:** R Side Rock, Recover, Cross, Hold, L Side Rock, Recover, Cross, Hold
- 1-2-3-4 Rock right to side, recover onto left, cross right over left, hold
- 5-6-7-8 Rock left to side, recover onto right, cross left over right, hold
- Part B:** 32 counts
- Section B1:** (Side, Touch) x 4
- 1-2 Step right to side, touch left with $\frac{1}{4}$ turn L (lean body in right & turn to 9:00)
Hand movement: Do karate chop with your right hand
- 3-4 Step left to left side, touch right with $\frac{1}{2}$ turn R (lean body to left & turn to 3:00)
Hand movement: Do karate chop with your left hand
- 5-6 Step right to right side, touch left with $\frac{1}{2}$ turn L (lean body to right & turn to 9:00)
Hand movement: Do karate chop with your right hand
- 7-8 Step left to left side, make a $\frac{1}{4}$ turn right (weight still on left & face 12:00)
Hand movement: Do karate chop with your left hand
- Section B2:** Hitch, Out, Out, Shake Hips
- 1&2 Hitch right foot, jump & step back on right and left
- 3-8& Shake hips – R/L/R/L/R/L (end weight on left)
Hand movement: Both hands look like holding & playing on electric guitar
- Section B3:** (Kick, Fwd) x 4 – Moving Forward
- 1-2-3-4 Kick right forward, step right forward, kick left forward, step left forward
- 5-6-7-8 Repeat counts: 1 – 4
- Section B4:** Side, Finger Point, Shake Body
- 1-2-3-4 Step right to side, hold 3 counts (Point R & L index fingers forward with attitude)
- 5-6-7-8 Open both arms up while shaking body & look up (weight on left)
- Part C:** 16 counts
- Section C1:** R / L Conga
- 1-2-3-4 Make a $\frac{1}{4}$ R walk forward R-L-R (9:00), make a $\frac{1}{2}$ L using ball of right with touch left forward
- 5-6-7-8 Walk forward L-R-L, make a $\frac{1}{4}$ R using ball of left with touch right besides left
- Section C2:** Walk Fwd: R-L-R, Kick Fwd, Walk Back: L-R-L, Touch Tog
- 1-2-3-4 Walk forward right, left, right, kick left forward
- 5-6-7-8 Walk back left, right, left, touch right together
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More Easy Version for Part C

Section 1: (Fwd Toe Strut) x 4

1-2-3-4 Touch right toe forward, drop right heel down, touch left toe forward, drop left heel down

5-6-7-8 Repeat counts: 1 – 4

Section 1: (Back Toe Strut) x 4

1-2-3-4 Touch right toe back, drop right heel down, touch left toe back, drop left heel down

5-6-7-8 Repeat counts: 1 – 4

Have Fun & Enjoy !

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