

## Wiggle Wop

98 Count, 0 Wall, Phrased Intermediate (Phrased - Circle)

Choreographer: Kayla Cosgrove (USA) Sept 2016

Choreographed to: Wiggle Wop By Party Favor, ft. Keno

### Intro: 32 Counts

**Optional Intro Steps: Wait 16 counts, then dance section D into the beginning of the dance**

**Set up: 2 Circles. One inside group, one outside group.**

**One partner facing the outside, one partner facing the inside.**

**Should be about 4ft away from your partner, this dance moves!**

**Sequence: A,B,C,A,Tag,C,D,A,B,C,A Tag,C**

#### **A1: Destroza ¼ Left, Destroza ¼ Right**

1&2&3&4 Stomp R to R as you swing hips to R(1) Recover to L as you swing hips to L(&) Stomp R to R as you swing hips to R making 1/8 turn L(2) Recover to L as you swing hips to L(&) Stomp R to R as you swing hips to R making 1/8 turn L(3) Recover to L as you swing hips to L(&) Stomp R to R as you swing hips to R(4)

**Styling: As you swing hips to R and L imagine you're holding a towel behind you and swing your fists to the right and left in sync with your hips**

5&6&7&8& Stomp L to L as you swing hips to L(5) Recover to R as you swing hips to R(&) Stomp L to L as you swing hips to L making 1/8 turn R(6) Recover to R as you swing hips to R(&) Stomp L to L as you swing hips to L making 1/8 turn R(7) Recover to R as you swing hips to R(&) Stomp L to L as you swing hips to L(8)

**Styling: As you swing hips to L and R imagine you're holding a towel behind you and swing your fists to the left and right in sync with your hips**

#### **A2: Stomps Out To Right, Hitch And Stomp Out To Left**

1,2,3,&4 Stomp R to R side(1) Stomp R further to R bending knees slightly(2) Stomp R further to R being knees slightly more(3) Bring R in as you hitch R(&) Step down on R(4)

5,6,7,&8 Stomp L to L side(5) Stomp L further to L bending knees slightly(6) Stomp L further to L being knees slightly more(7) Bring L in as you hitch L(&) Step down on L(8)

**Tag: When going into section C after A, you will REMOVE the & count and add a ¼ turn L hitching the L knee up for count 8, so you can begin to weave between partners.**

**Think "hang time" Don't forget to swing your R arm up and you go into the weave!**

#### **B1: Run Run Hitch, Back Back Hitch, X2**

1&2 Run fwd stepping R(1) L(&) R and hitch L knee slight up(2) keeping your center of gravity low and add your own person style/funk!

3&4 Run back stepping L(3) R(&) L, hitching R knee slightly up(4)

**Optional styling: is to lean slightly back when lifting R up**

5&6 Repeat counts 1&2 of B1

7&8 Repeat counts 3&4 of B1

#### **B2: Run Run Hitch, Back Back Hitch, Step ½ Rock Recover**

1&2 Run fwd stepping R(1) L(&) R and hitch L knee slight up(2) keeping your center of gravity low and add your own person style/funk! (Same as B1, 1&2)

3&4 Run back stepping L(3) R(&) L, hitching R knee slightly up(4) (Same as B1 3&4)

5,6,7,8 Step R fwd(5) ½ L over L(6) Rock R fwd(7) Recover back L(8)

#### **B3: Step Together Step Tap X2, Step Tap X4**

1&2& Bending knees to "stay low" step R to R as you pop knees out(1) Step L together as you being knees in(&) step R to R as you pop knees out(2) Touch L together(&)

3&4& Keeping knees bent, step L to L popping knees out(3) Step R together(&) step L to L popping knees out(4) Touch R together(&)

**Arm styling: As you move to right, push both arms w/your hands in a fist, out to left at chest height. As you move left, push both arms w/your hands in a fist to the right.**

5&6& Keeping knees bent, step R to R(5) Step L together(&) Step L to L(6) Step R together(&)

**Arm styling: Same as above.**

7&8 Keeping knees bent, step R to R(7) Step L together(&) Step L to L side(8)

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- B4: Kick Cross Crock Step X3 Chase Turn**  
1&2& Kick R low and across L(1) Step R down across L(&) Rock L to L side(2) Recover to R(&  
3&4& Kick L low and across R(3) Step L down across R(&) Rock R to R side(4) Recover to L(&  
5&6& Kick R low and across L(5) Step R down across L(&) Rock L to L side(6) Recover to R(&) (same  
as 1&2&)  
7&8 Step L fwd(7) Pivot ½ R(&) Step L fwd(8)
- B5: Wiggle Walks Forward X4, Hands To Head, Hands Forward And Together**  
1,2,3, 4 Feet slightly wider than should width apart, walk fwd stepping R(1) L(2) R(3) L(4) as you wiggle  
your hips!  
Arms: Starting palm to thigh, starting down at your sides, as you walk fwd slide them up! By count  
4 the should be at shoulder height  
5,6 Step R down and place R hand to back to head(5) Step L down and place L hand to back  
of head(6)  
7,8 Step R down and place R hand fwd with a bent elbow, thumb up, fingers together & extended(7)  
Step L down and place L hand fwd with a bent elbow, thumb up, fingers together and extended  
placing palms together(8) (Keeping the hips going if you can!)  
**NOTE: You will be lining up with your partner here so adjust accordingly! Your hands  
placed together should be slightly RIGHT not center, so you can easily go into the next  
section.**
- B6: Slap X3, Clap Up, Clap Down, Grab, Slap Snap, Slap Snap, Single Hand Slap, Toss**  
1&2 Slap the back side of your partners L hands moving hands to L(1) Slap again bringing hands to  
R(&) Slap back of hands TOGETHER leaving them together(2)  
&3&4 Staying back of hand, to back of hand connected to your partner, Clap R to your own L hand(&  
Bring R hand up over L clapping partner R hand(3) Bring R down to clap your L hand(&) Bring R  
hand down under L and clap partners R hand(4)  
& Bring L hand down and grab partner L hand in a hands shake hold(&)  
5&6& Slap R hand to your R thigh(5) Bend elbow and bring R hand up and snap R fingers(&) REPEAT  
5& for counts 6&  
7&8 Keeping L hands held, Slap R palm to partners R palm passing across to L(7) Slap back of R  
hand with your partners R hand passing across to R(&) L hands still being held, bring L arms up  
and release your partner L hand as if you're tossing something into the air(8) Shift weight to R  
foot
- B7: Touch Back, ½ Left, Touch Back Half Left, 5/8 Left Hitch Left Knee**  
1,2 Step L toes back(1) Turn ½ L(2) weight to R (2)  
3,4& Step L toes back(3) Turn ½ L weight to R (4) On ball of R ft, make additional 5/8 L hitching L knee  
up and toss R arm up in the air(&) this will put you on an angle and set you up to start zig zagging  
backwards between partners!
- C1: Zig Zag Between Partners Stepping Back, Tap X2**  
(Bringing R arm down)  
1,2,3,4 Walk backwards stepping L(1) R(2) L(3) make a 1/4 R on ball of L as you tap R (4).  
**Note: You will pass your current partner on your right side**  
5,6,7,8 Walk backwards stepping R(5) L(6) R(7) make a 1/4 L on ball of R as you tap L (8).  
**Note: You will pass your current partner on your left side**
- C2: Zig Zag Between Partners Stepping Back, Tap, 3 Walks Straight Back, Tap**  
1,2,3,4 Walk backwards stepping L(1) R(2) L(3) make a 1/4 R on ball of L as you tap R (4).  
**Note: You will pass your skipped partner on your right side**  
5,6,7,8 Walk straight back R(5) L(6) R(7) L(8) Adjusting to line up with new partner  
**Note: You will pass your skipped partner on your left side and your new partner will  
be in front of you**
- D:1 Bounces And Knee Pops Right, Left Right Left Right**  
1&2& Step down on R popping L knee(1) bounce down on R(&) Step down on L popping R knee(2)  
Bounce down on L(&)  
3&4 Step/bounce down on R pop L knee(3) Step/bounce down on L pop R knee(&) Step/bounce down  
on R pop L knee(4)  
5&6& Step down on L popping R knee(5) bounce down on L(&) Step down on R popping L knee(6)  
Bounce down on R(&)  
7&8 Step/bounce down on L pop R knee(7) Step/bounce down on R pop L knee(&) Step/bounce down  
on L pop R knee(8)
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**D2:**

**Bounces And Knee Pops Left, Right, Left Right Left**

Repeat D1 and add your style/funk attitude!

**Styling option: Bend slightly fwd at the waist as you do the knee pops, drop head and shoulder to side you are bouncing on. This is playtime! Add a full turn w/knee pops, knee pop around your partner!**

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