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## Body Like A Back Road

32 Count, 4 Wall, Beginner

Choreographer: Lauren Adcock (USA) Feb 2017

Choreographed to: Body Like A Back Road by Sam Hunt

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**Count In:** 16 Count

**Notes:** Restart on the 5th wall (12:00).

**Section 1** Backward Walk X2, Side Rock Cross, Hold, Ball Cross, full unwind with a sweep. End  
**Facing**

1,2 Step back R (1) , Step back L (2) \* 12:00  
3&4 Rock R foot to R side (3) recover weight to L (&) cross R foot over L (4) 12:00  
5&6 Hold (5), Step L to L (&) cross R foot over L (6) 12:00  
7,8 Unwind ½ turn L (7) sweep L foot Front to back touching L toe back (8) 12:00  
**\*Styling: On counts 1-2 You can pop opposite knee as the foot you step back on.**

**Section 2** Body Roll, Ball Step, Touch, Point X3, Hitch With A ¼ Turn R

1,2 Roll body on (1) Take weight on L (2) 12:00  
&3,4 Step R foot next to L (&) step back on L (3) Touch R next to L (4) 12:00  
5&6& Point R to R (5) step R next to L (&) Point L to L (6) Step L next to R (&) 12:00  
7, 8 Point R to R (7), hitch R knee up making ¼ turn R (8) 3:00  
**Restart on 5th Wall Touch R next to L for ct 8. (Do not make ¼ turn w/hitch.)**

**Section 3** Step, ½ Turn R, ½ Turn R Triple Step, Side Rock Ball Side Rock

1,2 Step R foot fwd (1) make a ½ turn R stepping back on L (2) 9:00  
3&4 Make a ½ turn R stepping fwd on R (3) step together with L (&) step fwd on R (4) 3:00  
5,6& Rock L foot to L side (5) transfer weight back to R (6), step L foot next to R (&) 3:00  
7,8 Rock R foot to R side (7), transfer weight back to L (8) 3:00

**Section 4** Step R Behind, ½ Turn Unwind R, Crossing Shuffle, Side Rock Cross,  
½ Turn Unwind L W/ Hip Roll

1,2 Step R foot slightly behind L (1) unwind ½ turn L taking weight on R (2) 9:00  
3&4 Cross L foot over R(3) step R foot to R side (&) cross L foot over R (4) 9:00  
5&6 Rock R to R side (5) transfer weight to L (&) cross R foot over L (6) 9:00  
7,8 Unwind a ½ turn L slowly while rolling hips (7-8) 3:00