

Broke Inside

32 Count, 4 Wall, Intermediate

Choreographer: Lorraine Brown (UK) Sept 2011

Choreographed to: Hurt by Christina Aguilera

CD: Back To Basics

24 Count Intro – Start on vocal

1-8 Side R, rock recover, Side L, rock recover, Step R, Step L, pivot ½ turn R, ¾ turn L

1-2& Step right to right side. Rock left behind right. Recover onto right

3-4& Step left to left side. Rock right behind left. Recover onto left

5-7 Step forward right. Step fwd left. Pivot ½ turn right

8&1 Step forward left. Turn ¼ left stepping right to right. Turn ½ left take big step to left with left (9.00)

9-16 Rock back R, recover L, Prissy walk R, L, Rock fwd R, recover L, 1 ½ turn R

2-3 Rock back right. Recover onto left

4-5 Step right across left. Step left across right (travelling fwd)

6-7 Rock forward right. Recover left

8&1 Make ½ turn right, stepping onto right. ½ turn right stepping back on left. ½ turn right stepping right (3.00)

17-24 Step fwd L, Spiral right, lunge fwd L, recover R, run back L,R,L, sway R, sway L

2-3 Step forward left. On ball of left foot, spiral a full turn right. Step onto right

4-5 Lunge fwd left on left. Recover onto right

6&7 Small run back left, right, left

8-1 Step onto right, sway right. Sway left (3.00)

Restart wall 6

25-32 Cross right, ½ R, Cross & side L, Cross R, ¼ turn right stepping back L, R to R side, make ½ turn R Ronde sweep L beside R(taken weight onto L)

2&3 Cross right over left. Turn ¼ turn right, stepping back left. Turn ¼ right stepping right to side (9.00)

4&5 Cross rock left over right. Recover onto right. Step left to left.

6&7 Cross right over left. Turn ¼ right, stepping back left. Step right to right side.

8& Make ½ turn right. Sweep left toe around beside right. Take weight onto left (6.00)

Restart wall 6. After run back L, R, L

23-24 ¼ turn left. Sway right. Sway left (12.00)

Start again.