## Britain's Got Talent

Phrased, 1 Wall, Intermediate/Advanced
Web site: www.linedancermagazine.com
Choreographer: Helen J Spaven (UK) Feb 2009
Choreographed to: Low by Flo-Rida,
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Sequence: A,A,B,A,A,B,A,A,B,A,A
Start on vocals

## Section A. 32 counts

## Left kick ball change, knee roll $1 / 4$ turn $\times 2$

1\&2 Kick left foot forward, step back on ball of left, step right to place.
3-4 Turn $1 / 4$ turn left by rolling left knee out, roll right knee in to complete $1 / 4$ turn.
5\&6 Kick left foot forward, step back on ball of left foot, step right foot to place.
7-8 Turn $1 / 4$ turn left by rolling left knee out, roll right knee in to complete $1 / 4$ turn.
Left $1 / 2$ turn glide, step tap tap, right kick and touch, left kick cross touch.
1-2 Lifting right heel and bending both knees slightly glide left foot back on the ball of left foot.
Turn $1 / 2$ turn left on left toe and right heel.
3\&4 Step right foot next to left. Tap right toe twice.
5\&6 Kick right foot forward. Step right foot to place and touch left foot beside right.
7\&8 Kick left foot forward, step left foot to place.
Hook right foot across left by touching right toe across left.
Right kick ball cross, hold, and cross, unwind with shoulder pops.
1\&2 Kick right foot forward, step right to place, step left across right.
$3 \& 4$ Hold for 1 count. Step right to right side and cross left over right.
5-6, $7 \& 8$ Unwind full turn right popping shoulders right left right left right.

## Side glide to left x2

1-2 Bring right foot into left lightly on heel of right foot, as you bring right slightly across left twist right heel and raise it to put weight on right toe.
3-4 As you drop right heel smoothly slide (glide) left foot to left side on left toe with left heel slightly raised.
5-6 Bring right foot into left lightly on heel of right foot, as you bring right slightly across left twist right heel and raise it to put weight on right toe.
7-84 As you drop right heel smoothly slide (glide) left foot to left side on left toe with left heel slightly raised.

## Section B. 64 counts

Bend step left and right, kick forward and side, behind and cross, step left, step right.
1\&2 Bend both knees in dropping body down and looking down.
Return to normal as you bring left foot into right and step right to right side.
$3 \& 4$ Kick right foot forward. Kick right to right side.
5\&6 Step right behind left. Step left to left side. Step right across left.
7-8 Step left to place. Step right next to left leaving a gap.
Travelling applejacks, applejacks.
1-2 Split heels so toes are pointing towards each other.
Bring heels together as you split toes away from each other whilst you travel to left.
3\&4 Continuing to travel left, split feet; toes heels toes.
\&5\&6 Take weight on left toe and right heel swivelling left heel and right toe to right side (\&5). Return feet to place. Take weight on right toe and left heel swivelling right heel and left toe to left side (\&6).
\&7\&8 Repeat counts \&5\&6.
Right scuff and cross, out and out, right lock, right lock step.
1-2 Scuff right foot forward and step it in front and slightly across left.
3\&4 Keeping legs crossed bend knees out, bring them back out then bend them out again.
5-6 Step right foot forward. Bring left behind right and slightly to right side.
7\&8 Step right forward. Step left behind and slightly to right side, step right forward.

## Right in front side sailor cross, left in front side sailor cross.

1-2 Touch right toe forward. Touch right toe to right side.
$3 \& 4$ Step right behind left. Step left to left side. Step right across left.
5-6 Touch left toe forward. Touch left toe to left side.
7\&8 Step left foot behind right. Step right to right side. Step left across right.

## Dorothy steps, boogie walks.

$1-2 \& \quad$ Step right to right corner (1). Step left behind right on ball of left foot (2). Step right to place (7). Weight ends on right.
3-4\& Step left to left corner (3). Step right behind left on ball of right foot (4). Step left to place (7). Weight ends on left.
5-6 Step right to right corner. Step left to left corner.
7\&8 Moving forward and bending knees, step right to right corner, step left to left corner, step right to right corner.

## And step lock twist twist, step lock twist twist.

\&1-2 Put weight onto left (\&). Step right forward. Tou7ch left behind right.
3\&4 Turn $1 / 2$ turn left twisting heels 3 times.
5-6 Step right forward. Touch left behind right.
7\&8 Turn $1 / 2$ turn left twisting heels 3 times.

## Right cross heel grind, left cross side step, hip bumps.

1\&2 Grind right heel across left. Step left to left side. Step right beside left.
$3 \& 4$ Step Left across right. Step back on right foot. Step left next to right.
$5 \& 6, \& 7 \& 8$ Bump hips to right side bending knees to give the rise and fall of the hip bumps.
Jump $\mathbf{x} 2$ step forward right left right, scuff hitch step, left coaster step.
1-2 Keeping feet together jump to right side. Jump to left side.
$3 \& 4$ Step right forward. Step left next to right. Step right to right side.
5\&6 Scuff right forward. Hitch right knee. Step right to place.
7\&8 Step back on left foot. Step right next to it. Step left foot forward.

