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## Rebel Heart

48 Count, 2 Wall, Intermediate (Phrased)

Choreographer: Todd Lescarbeau (USA) Jan 2017

Choreographed to: Road Less Traveled by Lauren Alaina.

Album: Road Less Travelled

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### 8 count intro start with vocals

#### Section A

(32 counts)

##### [1 – 8]

**Rock, Recover, Coaster Step, ¼ Paddle Step, Kick**

1, 2 3&4

Rock forward onto R, recover onto L, Step back on R, Step back on L, Step forward on R

5&6&7 8

Turn ¼ to left stepping on L, Quickly step ball of R beside L, Repeat two more times,

Kick forward for count 8. ( you will end this section facing 3:00)

**\*Optional hand movements Left hand out as if holding the reigns of a horse, slap side of thigh in Giddy-up fashion**

##### [9-16]

**Cross, Back, Step-Cross, Step, ½ Turning Sailor Step, Camel Walk**

1,2&3,4

Cross step R over L, Step back (diagonally) on L, Quickly step R beside L,

Cross step L over R. Step R side.

5&6, 7,8

Step L behind starting a ½ turn Left. continue to turn stepping R to side, finish ½ turn stepping L to side. Now facing 9:00, Step forward on R bending L knee, step forward on L bending R knee. (your feet should slide slightly forward with this movement.)

##### [17 – 24]

**Rock Forward, Recover, ½ Shuffle, Brush Toe Forward, Back, Shuffle Forward**

1,2 3&4

Rock forward on R, Recover onto L, Turn ½ to right as you shuffle forward RLR

5,6, 7&8

Brush L toe forward, Brush L toe back and across R shin (like a hook), Shuffle Forward LRL

##### [25 – 32]

**Crossing Rock, Recover, Crossing-Rock, Recover. Walk Around**

1&2 3&4

Cross-rock R over L, Recover onto L, Step R to side, Cross-rock L over R, Recover onto R, Step L to side.

5,6,7,8

Walk around (you will be making a ¾ turn counter-clockwise) stepping R,L,R,L  
(You will now face 6:00)

#### Section B (16 counts)

##### [1 – 16]

**Heel-Flick, Shuffle, Cross-Rock, Recover, ¼ Turn, ¼ Turn**

1,2 3&4

Tap R heel out to side, flick R toe behind L, Shuffle sideways RLR

5,6, 7,8

Cross-rock L over R, recover onto R, Step into a ¼ turn left on L, turn ¼ to left as you step R beside L

1,2 3&4

Tap L heel out to side, flick L toe behind R, Shuffle sideways LRL

5,6 7&8

Cross-rock R over L, recover onto L, Step into a ¼ turn right on R, turn ¼ right as you step L

beside R

**\*Choreography note: When choreographing this dance, I added different hand movements for fun ie. When she sings about riding into battle, I held left hand out to hold the reigns of a horse and slap my thigh/butt for the paddle turn simulating a galloping horse. When she says “put your hands up”, I put my hands up. Remember, Dancing should be fun, not so complicated that you are stressed out-- Feel the music, dance the dance!**

**Dance sequence is as follows: AAA-B-AAA-BB-A to end. Have Fun & enjoy!**