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- Section 1: Kick, Kick, Coaster Step X 2**
1,2,3&4 Kick right foot forward twice, step right foot back, step left foot next to right, step right foot forward
5,6,7&8 Kick left foot forward twice, step left foot back, step right foot next to left, step left foot forward
- Section 2: Lindy, Rock Recover, Kick Ball Change X 2**
1&2,3,4 Step right to right side, step left next to right, step right to right side, rock back on left, recover on right
5&6,7&8 Left foot kick forward (45' angle), left foot together, right foot together, repeat
- Section 3: Lindy, Rock Recover, Kick Ball Change X 2**
1&2,3,4 Step left to left side, step right next to left, step left to left side, rock back on right, recover on left
5&6,7&8 Right foot kick forward (45' angle), right foot together, left foot together, repeat
- Section 4: Wizard Steps X 4**
1,2&3,4& Step right forward, step left behind right, step right forward, step left forward, step right behind, step left forward
5,6&7,8& Step right forward, step left behind right, step right forward, step left forward, step right behind, step left forward
- Section 5: Kick, Kick, Triple Step, Kick, ¼ Kick, Triple Step**
1,2,3&4 Kick right foot forward, kick right foot at 45 angle to the right, step in place, right, left, right
5,6,7&8 Kick left foot forward, kick left foot ¼ to the left, step in place, left, right, left
- Section 6: Sailor Steps X 4**
1&2,3&4 Step right back behind left, step left to left side, step right forward, hold, Step left back behind right, step right to right side, step left forward, hold
5&6,7&8 Step right back behind left, step left to left side, step right forward, hold, Step left back behind right, step right to right side, step left forward, hold

No Tags Or Restarts