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In My Bones

32 Count, 2 Wall, Intermediate
Choreographer: Amanda Rizzello – Jan 2017
Choreographed to: In My Bones by Ron Pope

S1 Step Sweep, Cross, Step Sweep, Behind Side Cross, Rock Step, Side Rock Step, ¼ Turn Step

- 1-2& RF forward, with L sweep , LF cross over R , RF to side R
- 3-4& LF backward with R sweep ,RF behind left, LF to side left
- 5-6& RF cross over left, recover on left, RF to side right
- 7-8& LF cross over right, recover on right , ¼ turn left LF forward

S2 Walk X2,Mambo Step , ½ Turn,Full Turn,Sway X2

- 1-2 RF walk, LF walk
- 3&4 RF forward, recover on left ,RF backward
- 5-6& ½ turn left LF forward , ½ turn left RF backward , ½ turn left, LF forward
- 7-8 Sway Right (RF to side),sway Left (recover on left)

S3 Diamonds Fallaway, Touch Behind 3/8 Turn

- 1-2& RF to side right, 1/8 turn left LF backward, RF backward
- 3-4& 1/8 turn left , LF side left, 1/8 turn left RF forward, LF forward
- 5-6& 1/8 turn right, RF side right , 1/8 turn left LF backward RF backward
- 7-8 Touch L behind , 3/8 turn L(recover on L) 3:00

S4 Basic Night-Club, ¼ Turn Rolling Vine,Rock Step ,1/4 Turn Step,Cross,Spiral

- 1-2& RF side right, LF beside right ,RF cross over left
- 3-4& ¼ turn left LF forward , ½ turn left RF backward, ¼ turn left LF side left
- 5-6& RF cross over left, recover on left , ¼ turn right RF forward
- 7-8 LF cross over right, spiral full turn (weight on left) 6:00