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## Momma, It's My Soul

32 Count, 4 Wall, Beginner

Choreographer: Forty Arroyo (USA) Dec 2016

Choreographed to: It's My Soul by Lynn August

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**\*\* Dedicated to The Webster Senior Center Line Dancers \*\***

### Start on Vocals

#### **Section 1 Stomp R, Hold, Left Shuffle Forward - Repeat**

- 1,2 Stomp right slightly forward, Hold  
3&4 Shuffle forward: Step forward on L, Step R next to L, Step forward on L  
5-8 Repeat steps 1 thru 4 above

#### **Section 2 Back, Touch, Back, Touch - Repeat**

- 1,2 Step back on R (right diagonal), Touch L next to R  
3,4 Step back on L (left diagonal), Touch R next to L  
5-8 Repeat steps 1 thru 4 above

#### **Section 3 Vine Right With A Hitch (Or Touch), Vine Left With ¼ L With Hitch Or Touch**

- 1-4 Step R to side, Step L behind R, Step R to side, Hitch L (or touch L next to R)  
5-8 Step L to side, Step R behind L, Step forward on L turning ¼ to left,  
Hitch R (or touch R next to L)

#### **Section 4 Touch, Step, Touch, Step, Heel Tap, Step, Heel Tap, Step**

- 1-4 Touch R out to side, Step R next to L, Touch L out to side, Step L next to R  
5,6 Tap R heel forward (right diagonal), Step R next to L  
7,8 Tap L heel forward (left diagonal), Step L next to R

**Start over.... and remember... if you Mess Up...Crack Up!**