Bring It On

32 count, 4 wall, Intermediate level
Choreographer : Lisa Strong (Canada) Feb 2001
Choreographed to : :"Bring It On" by Rosie Flores;
"Salty Dog Rag" by Groovegrass Boys (120 bpm);
Smooth by Santana (120 bpm)
e-mail : maple.leafc@cwcom.net

FORWARD-ROCK-COASTER-CROSS-ROCK-TRIPLE IN PLACE TURNING 3/4

1 2	Step right forward. Rock back onto left
3 & 4	Step right back. Step left beside right. Step right forward
5	Cross-step left over right
6	Rock back onto right
7	(Turning in place) step left turning 1/4 left
&	Step right turning 1/4 left
8	Step left turning 1/4 left (completing 3/4 turn)

CROSS-BACK-BACK-CROSS-BACK-BACK-CROSS-BACK

1	Cross-step right foot in front of left
2	Step left back and slightly to the left
3	Step right back and slightly to the right
4	Cross-step left in front of right
5	Step right back and slightly to the right
6	Step left back and slightly to the left
7	Cross-step right in front of left
8	Step left back and slightly to the left (right heel on floor, toe slightly elevated)

Note: This section travels progressively back

SWIVEL TOE-HEEL-TOE-1/4 TURN LEFT-HEEL SNAP-BRUSH-FORWARD-1/4 TURN LEFT

1	With weight on left, rotate right toe diagonally outward (travelling to the right)	2 3
	Rotate right heel outward. Rotate right toe outward	
4	Pivot turn 1/4 left on ball of right. As right heel comes down lift left heel. Lean body back.	
5	Transfer weight forward onto left while snapping left heel down	
6 7	Brush right forward. Step right forward	
8	Pivot turn 1/4 left on the ball of right and step left to the side and slightly back	

CROSS&CROSS-SIDE-1/2 TURN RIGHT-SIDE-TOGETHER-SIDE-BACK-ROCK

1	Cross-step right in front of left
&	Step ball of left slightly to the left side
2	Cross-step right in front of left
3	Step ball of left directly to left side
4	Turn 1/2 right stepping right to right side
5	Step left to left side
&	Step right beside left
6 - 8	Step left to left side. Step right back behind left. Rock forward onto left