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En Rastlös Själ (A Restless Soul)

64 Count, 2 Wall, Intermediate Choreographer: Monica Wale (SE) Dec 2016 Choreographed to: En rastlös själ by Nanne

Intro:	16 count (appx. 8 secs. into track)
Section 1 1 & 2 8 3 4 5 & 6 7 & 8	Point & Point & Point Touch, Shuffle Turn ¼ Chassé Turn 1/4 Point RF to right (1)Step RF beside left (&) point LF to left (2) Step LF beside right (&) point RF to right (3) touch RF beside left (4) Make a ¼ turn right and step RF forward (5) step LF beside right (&) step forward on RF (6) [3:00] Make a ¼ turn right and step LF to left (7) step RF beside left (&) step LF to left (8) [6:00]
Section 2 1 - 4 5 - 6 & 7-8	Rocking Chair, Step Turn & Step Brush Rock RF back (1) recover on LF (2) rock forward RF (3) recover on LF Step forward on RF (5) turn ½ left and step on to LF (6) [12:00] Step RF beside left (&) step LF forward (7) brush RF forward (8)
Section 3 1 - 4 5 & 6 7 & 8	Toe Strut X 2, Kick Ball Step X 2  Touch right toe forward (1) drop right heel (2) touch left toe forward (3) drop left heel(4)  Kick RF forward (5) step RF beside left (&) step LF forward (6)  Kick RF forward (7) step RF beside left (&) step LF forward (8)
Section 4 1-2 3 & 4 5 & 6 &7&8	Rock Recover, Shuffle Turn, Kick Ball Touch, & Touch X 2 Rock RF forward (1) recover on LF (2) Turn ¼ right stepping RF forward (3) step LF beside right (&) turn ¼ right stepping RF forward (4) [6:00] Kick LF forward (5) step LF beside left (&) touch RF beside left (6) Step RF beside left (&) touch LF beside right (7) step LF beside right (&) touch RF beside left (8)
<b>Section 5</b> 1 - 2 3 - 4	Vine, Rolling Turn Chassé Step RF to right (1) step LF behind right (2) Step RF to righ 3) touch LF beside right (4)

1 - 2	Step RF to right (1) step LF behind right (2)
3 - 4	Step RF to righ 3) touch LF beside right (4)
5 - 6	Turn ¼ left stepping LF forward (5) turn ½ left stepping RF back (6)
7&8	Turn ¼ left stepping LF left (7) step RF beside left (&) step LF to left (8) [6:00

## Section 6 Jazz Box, Monterey Turn

1 - 4	Cross RF over left (1) step LF back (2) step RF beside left (3) cross LF over right (4)
5 - 6	Touch RF to right (5) turn ½ right on ball of LF stepping RF beside left (6) [12:00]
7 - 8	Touch LF to left (7) step LF beside right (8)

## Section 7 Kick Ball Step, Skate Skate, Kick Ball Step, Skate Skate

1 & 2	Kick RF forward (1) step RF beside left (&) step LF forward dipping knees (2)
3 - 4	Skate RF diagonally forward (3) keep knees dipped and skate LF diagonally forward [12:00]
5 & 6	Rise and kick RF forward (5) step RF beside left (&) step LF forward dipping knees (6)
7 - 8	Skate RF diagonally forward (7) keep knees dipped and skate LF diagonally forward (8) [6:00]

## Section 8 Step Turn Step Clap, Step Turn Step Clap

1 - 2	Rise and step RF forward (1) turn ½ left, weight on LF (2)
3 - 4	Step forward on RF (3) hold and clap (4) [6:00]
5 - 6	Step forward on LF (5) i turn ½ right, weight on RF (6)
7 - 8	Step forward on LF (7) hold and clap (8) [12:00]

## Repeats: At the end of the 1st, 2nd walls, repeat the last half of the dance (from step 33, S:5)

After the 3rd wall keep repeating the last half of the dance (will be almost 4 times) and

then comes the Ending

Tag 1: After the repeated steps on wall 1, 8 counts

**Rocking Chair** 

1-4 Rock RF forward (1) recover on LF (2) rock back RF (3) recover on LF (4)

Tag 2: After the repeated steps on wall 2, 16 counts

	Monterey Turn X 2
1-2	Touch RF to right (1) turn ½ right on ball of LF stepping RF beside left (2)
3-4	Touch LF to left (3) step LF beside right (4)
5-6	Touch RF to right (5) turn ½ right on ball of LF stepping RF beside left (6)
7-8	Touch LF to left (7) step LF beside right (8)
	Step Turn Step Clap, Step Turn Step Clap
1-2	Rise and step RF forward (1) turn ½ left, weight on LF (2)
3-4	Step forward on RF (3) hold and clap (4)
5-6	Step forward on LF (5) i turn ½ right, weight on RF (6)
7-8 S	tep forward on LF (7) hold and clap (8)
Ending:	You will have done the first "step turn step hold and clap" [12:00]
5-6	Rock forward LF (5) recover on RF (6)
7-8	Step LF back (7) hold and clap (8)

This is for my friend Sabrina Drugge. She really is the human Duracell Rabbit.

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