

## Down

64 Count, 2 Wall, Advanced

Choreographer: Maria Maag, Denmark, January 2017

Choreographed to: Down by Ida Corr (single)

**Intro: 32 counts from the first beat in music (approx. 23 sec. in music)**

**Phrasing: A, A, B, C, B, A, A, B, C, B, B, C, C, Ending 3 counts.**

**Ending: After the last Tag, music stops (facing 06:00) hold for 2 counts, then ½ turn L on L step R to R looking down (count 3).....The End**

### Section A (Happens 4 times in the dance, on wall 1, 2, 6, 7)

**A[1 – 8] Side Rock Back Rock R, Side Step Touch Point Touch, Side Rock L Recover R, Behind ¼ Step R Together.**

1&2& Rock R to side (1), recover L (&), rock back R (2), recover L (&) 12:00  
3&4& Step R to side (3), touch L next to R (&), point L to side (4), touch L next to R (&) 12:00  
5-6 Rock L to L (5), recover R (6) 12:00  
7-8& Cross L behind R (7), turn ¼ R stepping down R (8), step L next to R (&) 03:00

**A[9 – 16] Touch R Fw. Step Back, Point L To Side Step Back, Point R To Side Step Back, Touch L Fw. Step Back, Rock Back R Recover ¼ R Onto L, Behind Side Touch**

1&2& Touch R fw. (1), step R back (&), point L to L (2), step L back (&) 03:00  
3&4& Point R to R (3), step R back (&), touch L fw. (4), step back L (&) 03:00  
5-6 Rock back R (5), recover ¼ R (weight ends on L) (6) 06:00  
7-8& Cross R behind L (7), step L to L (8), touch R next to L (&) 06:00

### Section B (Happens 5 times in the dance, on wall 3, 5, 8, 10, 11)

**B[1 – 8] Step R Diagonally Back R Flex L Foot, Step L Together, 1/8 Turn R And Side Rock Cross ¼ Turn R, ½ Turn R Sweep L Step Down, Mambo Fw. R Point Back R**

1-2 Step R diagonally back R and flex L foot (1), step L next to R (2) 10:30  
3&4& Rock R to R (3), recover L (&), turn 1/8 R crossing R over L (4), turn ¼ R stepping back L (&) 03:00  
5-6 Turn ½ R on L stepping down R sweeping L fw. (5), step fw. L (6) 09:00  
7&8& Rock fw. R (7), recover L (&), point R back (8), hitch R knee (&) 09:00

**B[9 – 16] Touch R Back With Body Roll ¼ R Point L, Triple ½ L Sweep R, Walk Fw. R, Walk Fw L, Step ½ Turn L Step ¼ Turn L**

1&2& Touch R back and turn ¼ R starting body roll from head (1), continue body roll down to hip (&) hip bump R to R (2), point L to L (&) 12:00  
3&4 Turn ¼ L stepping down L (3), step R next to L (&), turn ¼ L stepping down L and sweep R fw. (4) 06:00  
5-6 Walk fw. R (5), walk fw. L (6) 06:00  
7&8& Step fw. R (7) turn ½ L stepping down L (&), step fw. R (8), turn ¼ L stepping down L (&) 09:00

**B[17 – 24] Step ¼ Turn L With Hip Roll And Touch L, Kick Ball Cross Side Close R Behind L, Heel Turn ½ R, Fw. L Fw. R ¼ L Together**

1-2 Step fw. R and turn ¼ L on R with hip roll (1), touch L diagonally down L (upper body facing 6:00)(2) 06:00  
3&4& Kick fw. L (3), step down L (&), cross R over L (4), step L to L (&) 06:00  
5-6 Close R behind L (5), turn ½ R on both heels (weight ends on R)(6) 12:00  
7&8 Step fw. L (7), step fw. R (&), turn ¼ L and step L next to R (weights on L) (8) 09:00

**B[25 – 32] Cross Side Swivel R In Recover R, Back Rock L, Recover R, Turn ¼ L, Turn ¼ R, Reverse ¼ L Sweep R Fw. Jazz Box R And Cross**

1&2& Cross R over L (1), step L to L (&), swivel R heel L (2), swivel R back to center (&) 09:00  
3&4 Rock back L (3), recover R (&), Turn ¼ L stepping down L (4) 06:00  
5-6 Turn ¼ R stepping down R (5), turn ¼ L stepping down L and sweep R fw. (6) 06:00  
7&8& Cross R over L (7), step back L (&), step R to R (8), cross L over R (&) 06:00

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**Section C (Happens 4 times in the dance after wall 4, 9, 12, 13)**

- C[1 – 8] Side Step R And Down (both Arms Down) Swivel 1/8 Turn L And Hitch L Knee (throw R Arm L), Step Diagonal Fw. L (bend Both Elbows) Tilt Upper Body R Pop L Knee (arm Follows) Recover L, Ball Big Step L Fw. Together R, Point L To L Together Point R To R Together**
- 1-2 Step R to R and bend knees (both feet pointing towards R diagonal) (punch both arms down with flexed hands) (1), swivel R heel to R and hitch L knee (throw R arm in front of you and to the L) (2) 10:30
- 3&4 Step L diagonally fw. L (bend both elbows in front of your chest with palm facing down and clenched fist touching each other) (3), tilt upper body R and pop L knee (tilt R elbow down R) (&), recover L stepping down L (weight ends on L) (4) 10:30
- &5-6 Step R next to L (&), big step fw. L (5), step R next to L (weight ends on R) (6) 10:30
- 7&8& Point L to L (7), step L next to R (&), point R to R (8), step R next to L (weight ends on R) (&) 10:30
- C[9 – 16] 1/8 L Press Step Down L Bend L Knee (both Arms Down) Recover R Hitch L (bend Both Elbows), Kick Ball L Touch R Behind L (throw Arms Fw. Around And Down L) Rock R To R Recover L And Hitch ½ Turn R, Side R Touch L Side L Touch R**
- 1-2 Turn 1/8 L press step down L bend L knee (punch both arms down with flexed hands) (1), recover R and hitch L (bend both elbows in front of your chest crossing each other, palm facing down) (2) 10:30
- 3&4 Kick L fw.(throw arms fw.) (3), step L to L (arms around in front of you) (&), touch R behind L (point fingers L) (4) 09:00
- 5-6 Rock R to R and flex L heel (prep L) (5), recover L with a ½ turn R on L and hitch R (6) 03:00
- 7&8& Step R to R (7), touch L next to R (&), turn ¼ R stepping L to L (8), touch R next to L (&) 06:00

**Enjoy...:-)**