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E-mail: admin@linedancermagazine.com

Bikini Body

96 Count, 1 Wall, Phrased Intermediate
Choreographer: Rebecca Lee (Malaysia) Jan 2017
Choreographed to: Bikini Body by Dawin ft R.City

Start dance after 16 counts

Phrasing : AAAB AAAB C(TAG) AB

(Every time before the B the lyrics goes Bikini Body)

PART A (32 counts)

A1: Press, Hold, Ball-Cross, Side Rock Cross, ¼ Turn , Step, ¼ Turn Side Step Together

1,2 Press R to R diagonal, Hold (facing 1.30)

&3 Step R next to L, Cross L over R

4&5 Rock R to R, Recover L, Cross R over L

6 Make a ¼ turn R step L back

7&8&1 Make a ¼ turn R step R to R side, Step L next to R, Step R to R, Step L next to R, Big Step R to R (facing 6.00)

A2: Together, Toe Swivel R, Toe Swivel L, Knee Bend, Cross Shuffle, Step

2 Step L beside R

&3&4 Turn R toe out, bring in to neutral, Turn L toe out, bring in to neutral

5,6 Bend Knees (as pop both knee open to side), Recover it to neutral standing position

7&8&1 Cross R over L, Step L to L, Cross R over L, Step L to L, Step R forward

A3: ¼ Turn Pivot, Cross, Scuff, Hitch, Scuff+Hitch X2

2,3,4 Step L forward, ¼ turn R step R to R, Cross L over R (facing 9.00)

5,6 Scuff R forward, Hitch R

7&8& Scuff R forward, Hitch R, Scuff R forward, Hitch R (like riding bicycle reverse way)

A4: Scissor Cross X2, Coaster Step, ½ Turn Step, ¼ Turn Step Together

1&2 Step R diagonally R back, Step L next to R, Cross R over L

&3& Step L diagonally L back, Step R next to L, Cross L over R

4&5 Step R Back, Step L next to R, Step R forward

6,7,8 ½ turn L Step L forward, ¼ turn L Step R to R, Step L next to R

PART B (32 counts)

B1: Side, Touch, Side, Touch, Side Together Side X2

1&2& Step R to R, Touch L next to R, Step L to L, Touch R next to L

3&4& Step R to R, Touch L next to R, Step R to R, Touch L next to R

5&6& Step L to L, Touch R next to L, Step R to R, Touch L next to R

7&8& Step L to L, Touch R next to L, Step L to L, Touch R next to L

B2: Touch Forward, Side, Togetherx2, Hand Tap, Toe Tap

1&2 Touch R forward, Touch R to R side, Step R next to L

3&4 Touch L forward, Touch L to L side, Step L next to R

5&6 Place R hand to L chest, Place L hand to R chest (shape of X),

(Pull both out to side same line with shoulder on 6)

7,8 Tap both toe to R (both hand like wave out), Tap Both toe to L (both hand wave out)

B3: Side, Touch, Side, Touch, Side Together Side X2

1&2& Step L to L, Touch R next to L, Step R to R, Touch L next to R

3&4& Step L to L, Touch R next to L, Step L to L, Touch R next to L

5&6& Step R to R, Touch L next to R, Step L to L, Touch R next to L

7&8& Step R to R, Touch L next to R, Step R to R, Touch L next to R

B4: Touch Forward, Side, Togetherx2, Hand Tap, Toe Tap

1&2 Touch L forward, Touch L to L side, Step L next to R

3&4 Touch R forward, Touch R to R side, Step R next to L

5&6 Poke index finger twice (5&), Pull it out to shoulder line and point to yourself (6)

7,8 Tap both toe to R , Tap Both toe to L

PART C (32 counts)

C1: Diagonal Step Together R, Diagonal Step Together L

1,2,3,4 Step R to R diagonal forward, Step L next to R, Step R to R diagonal forward, Step L next to R
5,6,7,8 Step L to L diagonal forward, Step R next to L, Step L to L diagonal forward, Step R next to L

C2: Diagonal Step Together R Back, Diagonal Step Together L Back

1,2,3,4 Step R to R diagonal back, Step L next to R, Step R to R diagonal back, Step L next to R
5,6,7,8 Step L to L diagonal back, Step R next to L, Step L to L diagonal back, Step R next to L

C3: Step, Touch, Step, Touch, Hop Rx3, Hand Upx2

1,2 Step R to R, Touch L behind R
3,4 Step L to L, Touch R behind L
5&6 Hop with both feet to the R, Hop with both feet to R, Hop with both feet to R
7,8 Throw both hand up x2 (like going to party)

C4: Step, Touch, Step, Touch, Hop Rx3, Hand Upx2

1,2 Step L to L, Touch R behind L
3,4 Step R to R, Touch L behind R
5&6 Hop with both feet to the L, Hop with both feet to L, Hop with both feet to L
7,8 Throw both hand up x2 (like going to party)

TAG: See Phrasing

1,2,3,4 Bend both knees (1), Lower the body, (2,3,4)
