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No Way To Treat A Lady

32 Count, 4 Wall, Improver

Choreographer: Hayley wheatley (UK) January 2017

Choreographed to: Ain't No Way To Treat A Lady by
Bonnie Raitt.

Album: Nine Lives

Count In: 16 counts

Tag: Performed at the end of walls 2 and 10 (facing 6:00) and during wall 8 following count 24 (facing 12:00) then Restart the dance again.

Section 1: Chasse ¼ Turn, Step, Pivot 1/2turn, Shuffle Forward, Rock Forward, Recover
1&2 Step RF to R side, Close LF next to RF, step RF to R side making ¼ turn R 3:00
3-4 Step fwd onto LF, Pivot ½ turn R 9:00
5&6 Step fwd on LF, Step RF next to LF, Step fwd on LF 9:00
7-8 Rock fwd onto RF, Recover onto LF 9:00

Section 2: Shuffle ½ Turn Right, Shuffle ½ Turn Right, Side Step, Touch, Side Step, Touch
1&2 Shuffle ½ turn R stepping R,L, R 3:00
3&4 Shuffle ½ turn R stepping L, R, L 9:00
5-6 Step RF to R side, Touch L toe next to RF 9:00
7-8 Step LF to L side, Touch R toe next to LF 9:00

Section 3: Kick Ball Side Touch, Kick Ball Side Touch, Jazz Box With Cross
1&2 Kick RF fwd, Step onto RF, Touch L toe out to L side 9:00
3&4 Kick LF fwd, Step onto LF, Touch R toe out to R side 9:00
5-6 Cross RF over LF, Step back onto L 9:00
7-8 Step RF to R side, Cross LF over R
Perform Tag here during wall 8 then Restart 9:00

Section 4: Side Step, Touch, Kick Ball Cross, Side Step, Touch, Kick Ball Cross
1-2 Step RF to R side, Touch L toe next to RF 9:00
3&4 Kick LF fwd, Step LF to L side, Cross RF over L 9:00
5-6 Step LF to L side, Touch R toe next to LF 9:00
7&8 Kick RF fwd, Step RF to R side, Cross LF over R 9:00

Start Again!

Tag: Side Rock, Recover, Rock Behind, Recover
1-2 Rock RF to R side, Recover onto LF 6:00
3-4 Rock RF behind L, Recover onto LF 6:00