

Wind Beneath My Wings

32 Count, 2 Wall, Advanced

Choreographer: Maria Tao (USA) Jan 2017

Choreographed to: Wind Beneath My Wings by

Israel "IZ" Kamakawiwo'ole.

CD: E Ala E

Intro: 16 counts

Section 1 Step R Fwd, 1/2 Turn R, 1/4 Turn R, Hitch, 1/4 Turn L, 1/2 Turn L, Step Back, Sweep, Behind, Side, Cross Rock, Recover, Side, Cross, Sweep

1&2& Step right forward, 1/2 turn R stepping left back, 1/4 turn R stepping right to right, hitch left knee slightly across right

3&4& 1/4 turn L stepping left forward, 1/2 turn L stepping right back, step left back, sweep right front to back [12:00]

5& Step right behind left, step left to left,

****On Wall 4, add 2 count tag, then restart the dance**

6 Cross rock right over left

7&8& Recover onto left, step right to right, cross left over right, sweep right back to front

Section 2 Cross, 1/4 Turn R, 1/4 Turn R Side, Drag, 1/4 Turn L, 1/2 Turn L, Side, Back Rock, Recover, Side, Back Rock, Recover, 1/4 Turn R Side Rock, Recover

1&2& Cross right over left, 1/4 turn R stepping left back, 1/4 turn R stepping right to right, drag left towards right [6:00]

3&4 1/4 turn L stepping left forward, 1/2 turn L stepping right back, step left to left [9:00]

5&6 Rock right back, recover onto left, step right to right

7&8& Rock left back, recover onto right, 1/4 turn R rocking left to left, recover onto right [12:00]

Section 3 Cross, Side, Behind, Sweep, 1/2 Turn R Sailor Cross, Ball Step, Cross Press, Recover, 1/4 Turn R, Step Fwd, Spiral Full Turn R, Shuffle Fwd, Sweep

1&2& Cross left over right, step right to right, step left behind right, sweep right front to back

3&4 1/2 turn R crossing step right behind left, step left to left, cross right over left

&5 Step ball of left to left, press right over left [6:00]

6&7& Recover weight on left, 1/4 turn R stepping right forward, step left forward, spiral full turn R [9:00]

8&1& Step right forward, step left next to right, step right forward, sweep left back to front

Section 4 Cross, 1/4 Turn L, Side, Cross, Reverse Rolling Vine, Back Rock, Recover, Spiral Full Turn L, Step Fwd, Sweep

2&3& Cross left over right, 1/4 turn L stepping right back, step left to left, cross right over left [6:00]

4&5 1/4 turn R stepping left back, 1/2 turn R stepping right forward, 1/4 turn R stepping left to left

6&7& Rock right back, recover onto left, 1/2 turn L stepping right back,

1/2 turn L hitching left knee slightly

8& Step left forward, sweep right back to front [6:00]

Start Again!

**Tag/Restart: On Wall 4 (starts facing 6:00) - dance up to count 5& of S1 - then add 2 count tag:
1-2 Step right forward across left, step left forward across right****Ending: Last wall starts facing 6:00, dance the following steps after 1&2&:
3&4&5 1/4 turn L stepping left forward, sweep right back to front,
step right forward across left, sweep left back to front, step left forward across right**