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## LLH Shuffle

32 Count, 4 Wall, Beginner

Choreographer: Roger Ingmire - August 2016

Choreographed to: The Rock by Ms Jody (Short version)

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Intro: 16 counts - Rotation: CW; Weight on left

### **S1 Right Triple Forward, Left Triple Forward, Sway 4X**

- 1 & 2 Step right forward, step left beside right, step right forward
- 3 & 4 Step left forward, step right beside left, step left forward
- 5 – 8 Step right to side swaying right, left, right, left (weight ends of left)

### **S2 Right Triple Back, Left Triple Back, Sway 4x**

- 1 & 2 Step right back, step left beside right, step right back
- 3 & 4 Step left back, step right beside left, step left back
- 5 – 8 Step right to side swaying right, left, right, left (weight ends on left)

### **S3 Lindy Shuffle Right, Lindy Shuffle Left**

- 1 & 2 Step Right to side, step left beside right, step right to side
- 3 – 4 Rock back left, recover right
- 5 & 6 Step left to side, step right beside left, step left to side
- 7 – 8 Rock back on right, recover on left

### **S4 Right Jazz Box, Right Jazz Box 1/4 Turn**

- 1-2 Cross right over left, step left back
- 4-5 Step right to side, step left together
- 5-6 Cross right over left, step left back
- 7-8 Turn 1/4 right and step right forward, step left together

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DANCE STARTS OVER