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Cowboys & Friends

32 Count, 4 Wall, Beginner

Choreographer: Lisa M. Johns-Grose – Dec 2016

Choreographed to: Cowboys & Friends by: Garth Brooks

S1 R Rock Fwd- Rec Back L – R Shuffle Back- L Rock Back- R Rec Fwd0 L Shuffle Fwd

1-2 Rock forward right, recover back left

3&4 Shuffle back right, left, right

5-6 Rock back left, recover forward right

7&8 Shuffle forward left, right, left

S2 R Side Rock- L Rec- R Crossover Shuffle - L Side Rock- Rec R- L Crossover Shuffle

1-2 Rock right to right side, recover left

3&4 Crossover shuffle right, left, right

5-6 Rock left to left side, recover right

7&8 Crossover shuffle left, right, left

**** RE-START HERE DURING WALL 5

S3 R Side- L Behind- Shuffle Side R-L Cross Rock- Rec R- Sailor 1¼ L

1-2 Step right to right, step left behind

3&4 Shuffle side right, left, right

5-6 Cross rock left across right, recover back right

7&8 Step left behind right making ¼ turn left, step right to right, step left in place

S4 Walk R – L – Shuffle Fwd R- Walk L - R –SHUFFLE Fwd L

1-2 Walk forward right, left

3&4 Shuffle forward right, left, right

5-6 Walk left, right

7&8 Shuffle forward left, right, left

Begin again!

****Re-Start: Dance first 16 cts. during wall 5 (facing 12 O'Clock) and then Re-start