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## Rockin And Rollin

48 Count, 2 Wall, Improver

Choreographer: Tom Lennox - Scotland (December 2016)

Choreographed to: Rockabilly Jive by Mike Denver

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### Start - 16 Count Intro

#### Section 1: Toe Struts, 1/4 Monterey Turn Right.

- 1-2 Step forward on right toe, drop heel down  
3-4 Step forward on left toe ,drop heel down  
5-8 Point right to right side, Turn 1/4 turn right stepping right next to left, point left to left side. Step left next to right.

#### Section 2: Toe Struts, 1/4 Monterey Turn Right.

- 1-2 Step forward on right toe ,drop heel down  
3-4 Step forward on left toe, drop heel down  
5-8 Point right to right side, Turn 1/4 turn right stepping right next to left, point left to left side. Step left next to right.

#### Section 3: Right Mambo, Hold ,LEFT Lock Step Back, Hold.

- 1-4 Rock forward onto right, recover on left, step back right, hold,  
5-8 Step back on left cross right over left step back on left, hold.

#### Section 4: Back Right Coaster Step, Hold, Forward Left Lock Step, Hold.

- 1-4 Step back on right, step left next to right, step right forward, hold.  
5-8 Step forward on left, lock right behind left, step left forward, hold.

#### Section 5: (Sugarfoot Steps) R Toe,R Heel,R Cross, Hold, L Toe, L Heel,L Cross, Hold.

- 1-4 Touch right toe next to left instep, touch right heel diagonally to left instep then cross right over left and hold.  
5-8 Touch left toe next to right instep, touch left heel diagonally to right instep then cross left over right and hold.

#### Section 6: Right Mambo, Hold, Left Coaster Step, Hold.

- 1-4 Rock forward onto right, recover on left, step back right, hold,  
5-8 Step back on left, step right next to left, step left forward, hold.

### START AGAIN AND ENJOY