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## Kopfweh Shuffle

32 Count, 4 Wall, Beginner

Choreographer: Sandra Schuler (October 2016)

Choreographed to: Heut' Abend hab ich Kopfweh  
(Neuaufnahme 2000) von Ireen Sheer

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### (It Means: Headache Shuffle)

Start: after 32 counts

#### **S1 Side-Rock, Cross-Shuffle, Side, ¼-Turn R, Shuffle Forw.**

1, 2 RF Rock step to right, Recover weight to LF - 12  
3&4 Cross RF over LF, Step on LF to RF, Cross RF over LF  
5, 6 LF Step to left, ¼ turn right with RF Step to right - 3  
7&8 LF Step forward, Step on RF beside LF, LF Step forward

#### **S2 Rock Step Forw., ½-Tripleturn R, Rock Step Forw., ¼-Turn L With Sailorstep**

1, 2 RF Rock step forward, Recover weight to LF  
3&4 RF Step ¼ side turning right, Step on LF beside RF, RF Step ¼ forward turning right - 9  
5, 6 LF Rock step forward, Recover weight to RF  
7&8 ¼ turn left with Cross LF behind RF, RF Step to right, LF small Step forward - 6

#### **S3 Rock Step Forw., Shuffle Back, Rock Step Back, Shuffle Forw.**

1,2 RF Rock step forward, Recover weight to LF  
3&4 RF Step back, Step on LF beside RF, RF Step back  
5, 6 LF Rock step back, Recover weight to RF  
7&8 LF Step forward, Step on RF beside LF, LF Step forward

#### **S4 ¼-Turn L With Side, Slide, Rock Step Back, Side, Touch, Kick-Ball-Cross**

1, 2 ¼ turn left with RF long Step to right, Slide LF to RF, - 3  
3, 4 LF Rock step back, Recover weight to RF  
5, 6 LF Step to left, Touch with RF beside LF  
7&8 RF Kick forward, Step on RF beside LF, Cross LF over RF

#### **Tag at the End of 2. / 6. / 10. wall (always 6 o'clock):**

##### **Rocking Chair R**

1, 2 RF Rock step forward, Recover weight to LF  
3, 4 RF Rock step back, Recover weight to LF

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