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Baby Pom Poms

64 Count, 2 Wall, Phrased Beginner

Choreographer: Wanda Heldt - Perth WA - December 2016

Choreographed to: Pom Poms by Jonas Brothers

AA BB AA BB [Tag 1. 4 cts.] AA [Tag 2. 8 cts.] BB

Demo the dance Pom Poms to my Seniors and they loved it..so I chor this for them and Beginners,

It's all about keeping them on the floor and having FUN :-).

PART AA

S1. Right Lock Step, Brush, Left Lock Step, Touch

1-4 Step forward on Right, Step Left behind Right, Step forward on Right, Brush Left.

5-8 Step forward on Left, Step Right behind Left, Step forward on Left, Touch.

S2. Back Lock Step, Hold, Back Lock Step, Touch

1-4 Step back on Right, Step Left across Right, Step back on Right, Hold. [or Shuffle back]

5-8 Step back on Left, Step Right across Left, Step back on Left, Hold. [or Shuffle back]

S3. Rhumba Box [Basic]

1-2 Step Right to Right side, Step Left next to Right.

3-4 Step back on Right, hold

5-6 Step Left to Left side, Step Right next to Left.

7-8 Step forward on Left, hold. [Wt.on R]

S4. Step Forward, Hold Pivot 1/4 Turn Left, Hold Step Forward, Hold Pivot 1/4 Turn Left, Hold

1-4 Step forward on Right, Hold, Pivot 1/4 turn Left, Hold. [Wt. on R] [9:00]

5-8 Step forward on Right, Hold, Pivot 1/4 turn Left, Hold. [Wt. on R] [6:00]

PART BB [Always facing 12:00]

S1. Right Vine, Right & Left Arm Out,

1-4 Step Right to Right, Step Left behind Right, Step Right to Right, Hold.

5-8 Put both arms out side of body, [slight knee bend] Hold.

S2. Hip Bumps, Side, Together, Side, Slide

1-4 Hips Bumps L.R.L.R.

5-8 Step Left to Left, Step Right next to Left, Bigger step Left, Slide Right next to Left.

S3. Shimmy To The Right, Shimmy To The Left

1-4 Step Right to Right, shimmy shoulders as you slide Left next Right.

5-8 Step Left to Left, Shimmy shoulders as you slide Right next Left.

S4. Forward, Touch, Back, Touch, Back, Touch, Forward Touch

1-2 Step Right to Right diagonal, Touch Left next to Right.

3-4 Step Left back to Left diagonal, Touch Right next to Left.

5-6 Step Right back to Right diagonal, Touch Left next to Right.

7-8 Step Left to Left diagonal, Touch Right toe next to Left.

To make Part BB a 2 wall.. S.4 Forward,Touch,1/4 turn L, Touch, Forward,Touch,1/4 turn L, Touch.

Restart ...HAVE FUN IN LIFE & IN DANCE.

Tag 1 Rocking Chair

1-4 Step forward on Right, Recover on Left, Step back on Right, Recover on Left.

Tag 2. Rock Forward, Recover, Step Hold For 4 Counts.

1-8 Rock forward on Right, Recover on Left, Step Right to Right [Wt.on Left] Hold.