

## Breathe Slow

32 Count, 4 Wall, Beginner

Choreographer: Jo & John Kinser (UK) April 2009

Choreographed to: Breathe Slow, (Cahill remix) by

Alesha Dixon, CD Single

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Start 64 counts in on the verse

**1-8 Walk Fwd Rt, Lt, Rt Rock Step, Walk Back Rt, Lt, Rt Rock Step**

1,2 Step Rt fwd, Step Lt fwd  
3,4 Rock Rt fwd, Replace weight Lt  
5,6 Step Rt back, Step Lt back  
7,8 Rock Rt back, Replace weight Lt

**9-16 Step Touch, Cross Touch, Jazz Box ¼ Turn Rt**

1,2 Step Rt fwd, Touch Lt to Lt  
3,4 Cross Lt in front of Rt, Touch Rt to Rt  
5,6 Cross Rt in front of Lt, Step Lt back  
7,8 Make ¼ turn Rt stepping Rt fwd, Step Lt fwd

**Restart on wall 9, after 16 counts, facing 3 o' clock.**

**17-24 Vine Rt, Touch, Vine Lt, Touch**

1,2 Step Rt to Rt, Cross Lt behind Rt  
3,4 Step Rt to Rt, Touch Lt next to Rt  
5,6 Step Lt to Lt, Cross Rt behind Lt  
7,8 Step Lt to Lt, Touch Rt next to Lt

**25-32 Step ¼ Turn Lt x2, Walk Fwd Rt, Lt, Touch Rt Fwd, Touch Rt Back**

1,2 Step Rt fwd, Pivot 1/4 turn Lt (weight Lt)  
3,4 Step Rt fwd, Pivot 1/4 turn Lt (weight Lt)  
5,6 Step Rt fwd, Step Lt fwd  
7,8 Touch Rt fwd, Touch Rt back

HAVE FUN ☺