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Dig Down Deeper

64 Count, 4 Wall, Intermediate

Choreographer: Elisabet Ingemanson (SE) Jan 2013

Choreographed to: Dig Down Deeper by Porchlight Smoker

132 bpm

- Section 1** **Touch toe, touch heel, cross rock, side x2**
1, 2 Touch L toe next to R (left knee bent towards right), touch L heel diagonally forward
3 & 4 Cross rock L over R, recover, step L to side
5, 6 Touch R toe next to L (right knee bent towards left), touch R heel diagonally forward
7 & 8 Cross rock R over L, recover, step R to side
- Section 2** **Heel grind, coaster, ½ L shuffle, coaster**
1, 2 Grind L heel forward, recover weight on R
3 & 4 L back, R together, L forward
5 & 6 ½ turn left Shuffle forward R, L, R
7 & 8 coaster L, R, L
- Section 3** **Heel grind, coaster, ¼ R x2**
1, 2 Grind R heel forward, recover
3 & 4 Coaster R, L, R
5, 6 L forward, ¼ turn right weight on R
7, 8 L forward, ¼ turn right weight on R
- Section 4** **Weave, heel jack, ¼ hinge turn R x2, cross**
1, 2, 3 L cross over, R to side, L behind
& 4 & 5 R slightly back, touch L heel diagonally forward, L beside R, R cross over
6, 7, 8 ¼ turn right back on L, ¼ turn right side on R, cross L over
- Section 5** **Syncopated rock step x2, ¼ R vine, point**
1, 2 & Rock R to side, recover, step together
3, 4 & Rock L to side, recover, step together
5, 6, 7, 8 R to side, L behind, ¼ turn right forward on R, point L to side
- Section 6** **Touch heel, touch toe, step back x2**
1, 2 Touch L heel forward, touch L heel to side
3, 4 Touch L toe beside, step L back
5, 6 Touch R heel forward, touch R heel to side
7, 8 Touch R toe beside, step R back
- Section 7** **½ L shuffle x2, coaster, shuffle**
1 & 2 ½ turn left shuffle L, R, L
3 & 4 ½ turn left shuffle R, L, R
5 & 6 Coaster L, R, L
7 & 8 Shuffle forward R, L, R
- Section 8** **½ R shuffle x2, rocking chair**
1 & 2 ½ turn right shuffle L, R, L
3 & 4 ½ turn right shuffle R, L, R
5, 6, 7, 8 Rock forward on L, recover, rock back on L, recover
- 8 count tag** **after wall 6**
 Heel grind, coaster x2
1, 2 **Grind L heel forward, recover**
3 & 4 **Coaster L, R, L**
5, 6 **Grind R heel forward, recover**
7 & 8 **Coaster R, L, R**
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**Arm Movements To Resemble Working/Digging/Shovelling With A Spade
choreographed by Maudie na Nakhorn**

- Section 1 Should resemble digging movements**
1, 2 Swing arms back/up to the right and lean forward
3 & 4 Straighten and bring arms back
5, 6 Swing arms back/up to the left and lean forward
7 & 8 Straighten and bring arms back
- Section 2 Digging movement, 3 – 8 Should resemble resting spade on shoulder**
1 Swing arms back to the right and lean forward
2 Straighten and bring arms up/back to left shoulder, hands together
3-8 Rest hands together on shoulder
- Section 3 Digging movement, 3&4 Resting spade on shoulder, 5-8 Shovelling movements**
1 Swing arms back to the left and lean forward
2 Straighten and bring arms up/back to right shoulder, hands together
3 & 4 Hands on shoulder
5, 6 Swing arms to right back/up, recover
7, 8 Repeat 5, 6
- Section 4 Resembles the Mexican wave whilst holding spade over head,
&4-8 Shovelling and dumping soil**
1- 3 Raise arms over head and flex to right side, Flex to left, Flex to right
& 4 Swing arms back/up to right
& 5 Recover swinging arms to left at waist level as if dumping soil
6 Bend slightly forward swinging arms back to right side on turn
7 Straighten swinging arms back at waist level on turn
8 Bring arms back and up to left shoulder both hands together
- Section 5 Resembles resting a spade on shoulder**
1, 2 & Both hands together and up to left shoulder leaning slightly to right
3, 4 & Both hands together and up to right shoulder leaning slightly to left
5-8 Keep hands on right shoulder as if resting spade
- Section 6 Raise both arms up as if holding spade over head. Keep arms up throughout**
- Section 7 Arms by waist as if holding spade parallel to waist**
- Section 8 Arms by waist as in section 7, arms on shoulder**
1-4 Arms by waist
5, 6 Arms on right shoulder as if resting spade on shoulder
7, 8 Arms on left shoulder
- Tag: Shovelling movements**
1 Swing arms back to right leaning slightly forward
2 Recover swinging arms to left as if dumping soil
5 Swing arms back to left leaning slightly forward
6 Recover swinging arms to right as if dumping soil