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## Strong Is The Man

32 Count, 2 Wall, Improver

Choreographer: Miguel Sastre (ES) Nov 2016

Choreographed to: Stronger Is The Man by The Murphy's

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<b>Motion:</b>	<b>Rise &amp; Fall</b>
<b>Start:</b>	<b>On Lyrics or 24 Counts</b>
<b>Section 1</b>	<b>Twinkle L , Twinkle ¼ Turn R to R</b>
1,2,3	LF Cross Step Diagonal R , RF Step Side, LF Step Fwd Diagonal L
4,5,6	RF Cross Step Diagonal L , LF Step Side, RF ¼ turn Step Fwd
<b>Section 2</b>	<b>Basic Waltz Fwd &amp; Back</b>
1,2,3	LF Step Fwd , RF Step near LF , LF Step in place
4,5,6	RF Step Back, LF Step near RF, RF Step in place
<b>Section 3</b>	<b>Basic Waltz ½ turn to L , Basic Waltz Back</b>
1,2,3	1/8 turn LF Step Fwd, ¼ turn RF Diagonal Step back, 1/8 turn Lf Step Back
4,5,6	RF Step Back, LF, Lf Step near RF, RF Step in place
<b>Section 4</b>	<b>Step Fwd , Point R , Hold , Step Back , Cross Touch , Hold</b>
1,2,3	LF Step Fwd, RF Point Side, Hold
4,5,6	RF Step Back, LF Touch Cross Fwd RF, Hold
<b>Section 5</b>	<b>Step Fwd , Hich , Kick , Step Back , Point Back Diagonal L , Hold</b>
1,2,3	LF Step Fwd , RF Hich & Kick Diagonal R
4,5,6	RF Step Back , LF Point Back Diagonal L , Hold
<b>Section 6</b>	<b>Step L &amp; R Fwd , ¼ Turn to L , Wave to L</b>
1,2,3	LF Step Fwd , RF Step Fwd , ¼ turn to L With LF Step in place
4,5,6	RF Cross Step over LF , LF Step Side , RF Behind Step To L
<b>Section 7</b>	<b>Step Side To L , Touch , Hold , ½ Step Point to R , Hold</b>
1,2,3	LF Step Side , RF Touch Together LF , Hold
4,5,6	¼ turn RF Step Fwd , ¼ turn LF Point Side , Hold
<b>Section 8</b>	<b>½ Step Point to L , Hold , Step Back , Point , Hold</b>
1,2,3	¼ turn LF Step Fwd , ¼ Turn to RF Point Side, Hold
4,5,6	RF Step Back Diagonal L , LF Point Back Diagonal , Hold

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