

Blow Your Mind

56 Count, 4 Wall, Improver

Choreographer: Dwight Meessen (NL) Nov 2016

Choreographed to: Blow Your Mind (Mwah) by Dua Lipa.

Album: Blow Your Mind (Mwah)

108 BPM**Intro: 8 Counts****Section 1****Side, Behind Side Cross, Side, ¼ L Side x2, Sailor ¼ L**

1-2&3 RF step side, LF cross behind, RF step side, LF cross over
4-6 RF step side, LF ¼ left step side, RF ¼ left step side
7&8 LF ¼ left cross behind, RF step beside, LF step side [9]

Section 2**Cross-Point x2, Sync. Jazz Box Cross ¼ R, ⅛ R Hitch**

1-4 RF step across, LF point side, LF step across, RF point side
5-6&7 RF cross over, LF ¼ right step back, RF step beside on ball foot, LF cross over
8 RF ⅛ right hitch [7.30]

Section 3**⅛ R Fwd, Fwd, Shuffle Fwd, Rock Fwd Recover, Ball Pivot ½ L**

1-2 RF ⅛ right step forward, LF step forward
3&4 RF step forward, LF step beside, RF step forward
5-6 LF rock forward, RF recover
&7-8 LF step beside on ball foot, RF step forward, R+L ½ turn left [3]

Section 4**Full Turn L, Shuffle Fwd, Rock Fwd Recover, Coaster Cross**

1-2 RF ½ left step back, LF ½ left step forward
3&4 RF step forward, LF step beside, RF step forward
5-6 LF rock forward, RF recover
7&8 LF step back, RF together, LF cross over [3]

Section 5**Side, Touch, Kick Ball Cross, Side, ¼ R Side Rock Recover, Hitch Across**

1-2 RF step side, LF touch beside
3&4 LF kick forward, LF step beside on ball foot, RF cross over
5 LF step side
6-7 RF ¼ right rock side, LF recover
8 RF hitch across [6]

Section 6**Rolling Vine, Touch, Rolling Vine Into ¼ L Shuffle Fwd**

1-4 RF ¼ right step forward, LF ½ right step back, RF ¼ right step side, LF point side
5-6 LF ¼ left step forward, RF ½ left step back
7&8 LF ½ left step forward, RF step beside, LF step forward [3]

Section 7**Rock Fwd Recover, Coaster, Pivot ½ R, Fwd, Hitch**

1-2 RF rock forward, LF recover
3&4 RF step back, LF together, RF step forward
5-6 LF step forward, L+R ½ turn right
7-8 LF step forward, RF hitch [9]

Start again**Restart:****Dance the 5th wall up to and including count 40 (count 8 of the 5th section) and start again**