

Breathe In

32 count, 4 wall, beginner/intermediate level
Choreographer: Dee Musk (UK) Feb 2005
Choreographed to: Breath In by Lucie Silvas, Cd
Single or Album Breath In

16 Count Intro – Start on main vocals

SIDE, TOGETHER, SIDE, TOGETHER, ¼ TURN RIGHT, FULL SPIRAL TURN RIGHT, RIGHT MAMBO.

- 1,2 Step right to right side, close left beside right.
3&4 Step right to right side, close left beside right, make a ¼ turn right stepping forward on right.
5,6 Step forward on left, make a full turn right over right shoulder, keeping weight on left.
7&8 Step forward on right, recover weight to left, step back on right.

LEFT BACK ROCK, STEP ½ TURN RIGHT, STEP ¼ TURN RIGHT, HINGE ½ TURN RIGHT, LEFT CROSS SHUFFLE.

- 1,2 Rock back on to left, recover weight to right. (Looking back over left shoulder).
3,4 Step forward on left, make a ½ turn right, (weight forward on right).

***(Easy option for turns see below).**

- 5,6 Make a ¼ turn right, stepping left to left side, hinge ½ turn right, stepping right to right side.

***(Easy option for turns see below).**

- 7&8 Cross left over right, step right to right side, cross left over right.

RIGHT & LEFT TOE, KICK, CROSS, BACK STEP, ½ TURN LEFT.

- 1,2,3 Touch right toe beside left, kick right to right diagonal, cross right over left.
4,5,6 Touch left toe beside right, kick left to left diagonal, cross left over right.
7,8 Step back on right, make a ½ turn left, stepping forward on left.

RIGHT SIDE ROCK RECOVER BEHIND, LEFT SIDE ROCK RECOVER BEHIND, ¼ TURN RIGHT, TOGETHER LEFT.

- 1,2,3 Rock right out to right side, recover weight to left, cross right behind left.
4,5,6 Rock left out to left side, recover weight to right, cross left behind right.
7,8 Make a ¼ turn right stepping forward on right, close left beside right.

Section 2 – Easy Option on counts 3,4 5,6

- 3,4 Step forward on left, make a ¼ turn right.
5,6 Cross left over right, step right to right side.

Ending: The music slows down, keep dancing, you will be facing 9 o'clock wall (Starting section 3, counts 1,2,3 touch, kick cross) add an unwind ¾ turn left, to finish facing the front.
