

Breathe Easy

32 Count, 4 Wall, Intermediate

Choreographer: Maria Maag (Denmark) Jan 2014

Choreographed to: Breathe Easy by Blue

Intro: 8 counts from first beat

1 – 8 Step fw. R sweep L, jazz box 1/2 turn L step full spiral L, step step 1/4 L cross, 1/4 turn R 1/4 turn R cross rock L recover R, basic nightclub L

1 Step fw. R and sweep L (1)

2&a3 Cross L over R (2), turn 1/4 L stepping back R (&), turn 1/4 L stepping fw. L (a), step fw. R and make a full spiral turn L on R (3) 06:00

4&a5 Step fw. L (4), step fw. R (&), turn 1/4 L stepping L to side (a), cross R over L (5) 03:00

6&a7 Turn 1/4 R stepping back L (6), turn 1/4 L stepping R to side (&), cross rock L over R (a), recover R (7) 09:00

8&a Step L to side (8), close R behind L (&), cross L over R (a)

9 – 16 1/4 R sweep L 1/4 R, Weave R sway R, sway L R L, basic nightclub R turn 1/4 L 1/2 turn L and sweep 1/2 turn L, run fw. L run fw.R run fw. L

1 Turn 1/4 R stepping down R and sweep L 1/4 R on R (1) 03:00

2&a3 Cross L over R (2), step R to side (&), cross L behind R (a), step R to side sway R (3)

4&a5 Sway L (4), sway R (&), sway L (a), step R to side (5)

6&a7 Close L behind R (6), cross R over L (&), turn 1/4 L stepping fw. L (a), make a 1/2 turn L stepping back R and sweep L 1/2 turn L 12:00

8&a Run fw. L (8), run fw. R (&), run fw. L (a) = (option : full triple turn L)

Restart wall 5

17 – 24 Rock fw. R, run back L R L slightly bend L knee and point R to side, 1/4 turn R stepping fw. R step 1/4 turn R cross L, CCW rolling vine L side rock R recover, step R diagonally fw. L step 1/2 turn R

1 Rock fw. R (1)

2&a3 Recover L (2), run back R (&), run back L (a), bend L knee and point R to side (3)

4&a5 Turn 1/4 R stepping fw. R (4), step fw. L (&), turn 1/4 R stepping down R (a), cross L over R (5) 06:00

6&a7 Turn 1/4 L stepping back R (6), make a 1/2 turn L step fw. L (&), turn 1/4 L rock R to side (a), recover L

8&a Step R diagonally fw. L (8), step fw. L (&), make a 1/2 turn R stepping down R (a) 10:30

25 – 32 Step L fw, mambo fw. R step fw. L sweep R, jazz box 3/8 R turn R 1/4 R step L to side sweep R, behind 1/4 L step R fw, 1/2 turn L, back rock L recover R run L R L

1 Step fw. L (1) 10:30

2&a3 Rock fw. R (2), recover L (&), step R next to L (a), step fw. L and sweep R (3) 10:30

4&a5 Cross R over L (4), turn 1/8 R stepping back L (&), turn 1/4 R stepping fw. R (a), turn 1/4 R stepping L to side and sweep R (5) 06:00

6&a7 Cross R behind L (6), turn 1/4 L stepping fw. L (&), step fw. R (prep upper body slightly R) (a), make a 1/2 turn L on R (7) 09:00

&a8&a Rock back L (&), recover R (a), run fw. L (8), run fw. R (&), run fw. L (a) 09:00

Restart: On wall 5 after 16 counts (facing 12:00)

Ending: Wall 7, after 4&a counts : cross R over L (5) facing 12:00, at the same time sweep L

Note: Thank you Birthe Tygesen for telling me about this piece of music :)
Enjoy...:-)