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## Rocky Mountain Strut

32 Count, 4 Wall, Beginner

Choreographer: Jenifer Wolf - Dance With Wolves

B.C., Canada - Nov 2016

Choreographed to: It Takes Time - Full Circle [Kootenay Pride]

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### Intro: 32 counts - CW

#### **S1 Vine Right, Vine Left**

- 1-2 Step right foot to right side, Cross left foot behind right foot
- 3-4 Step right foot to right side, Touch left foot beside right foot
- 5-6 Step left foot to left side, Cross right foot behind left foot
- 7-8 Step left foot to left side, Touch right foot beside left foot

#### **S2 Rock Forward, Replace, Rock Back, Replace, Toe Struts X2**

- 1-2 Step right foot forward, Step left foot in place
- 3-4 Step right foot back, Step left foot in place
- 5-6 Touch right toe forward, Bring right heel down
- 7-8 Touch left toe forward, Bring left heel down

#### **S3 Touch Forward, Hold, Step Back, Hold, Coaster Step**

- 1-2 Touch right toe forward, Hold
- 3-4 Step right foot beside left foot, Hold
- 5-6 Step left foot back, Step right foot beside left foot
- 7-8 Step left foot forward, Hold

#### **S4 Toe Strut, Turn ¼ Left Strut, Step, Touch, Turn 1/2 Left, Brush**

- 1-2 Touch right toe forward, Bring right heel down
- 3-4 Turn ¼ left onto left toe, Bring left heel down
- 5-6 Step right foot forward, Touch left toe beside right foot
- 7-8 Turn 1/2 left onto left foot, Brush right foot beside left foot

**Begin again**

**Alternative music for Christmas, Jingle Bell by Kerst**

**This dance is dedicated to Jack & Bertha, their favourite Country Artist is Brian Ferguson (Full Circle) who is a popular singer in the Kootenay area, BC, Canada**

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