

## Grow Up

48 Count, 4 Wall, Improver

Choreographer: Trizia Ruggiero – Nov 2016

Choreographed to: Grow Up / Oilly Murs

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Intro: 16 counts

**S1: Touch Back/ Touch Together/Shuffle Back**

1-2 Touch R back- touch R beside L  
3&4 Step back on R/ step L beside R/ step back on R  
5-6 Touch L back/ touch L beside R  
7&8 Step back on L/step R beside L/ step back on L

**S2: Angle Knee/Hold/Sweeps/Coaster/Walk/Walk**

1-2 Angle R knee across L [1] Hold [2]  
3-4 Sweep R foot back/ sweep L foot back  
5&6 Step back on R/ step onto L/ step forward on R  
7-8 Walk forward L/ Walk forward R

**S3: Touch Forward / Touch Together/ Shuffle Forward**

1-2 Touch L forward- touch L beside R  
3&4 Step forward on L/ step R beside L/ step forward on L  
5-6 Touch R forward/ touch R beside L  
7&8 Step forward on R/ step L beside R/ step forward on R

**S4: Angle Knee/Hold/ Sweeps/Coaster/Walk/Walk**

1-2 Angle Lknee across R [1] Hold [2]  
3-4 Sweep L foot back/ sweep R foot back  
5&6 Step back on L/step onto R/ step forward on L  
7-8 Walk forward R/walk forward L

**S5: Side Rock Cross/Side Rock Together**

1&2 Rock R to R side [1] replace weight on L [&] cross R over L  
3&4 Rock L to L side [3] replace weight on R [ &] cross L over R  
5&6 Rock R to R side [5] replace weight on L [&] step R beside L  
7&8 Rock L to L side [7] replace weight on R [&] Step L beside R

**S6: Vine/3quarter Turn /KICK Ball Change**

1-4 Step R to side/ step L behind R/ step R to side / cross L over R  
5&6 Step R quarter turn to L/step L quarter turn / step R quarter turn [ 3.00 wall]  
7&8 Kick L forward/ step onto ball of L/ step R beside L

END OF DANCE/ NO TAGS/ NO RESTARTS.

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