

He's Italiano

32 Count, 4 Wall, Improver

Choreographer: Lene Mainz Pedersen (DK) Nov 2016
Choreographed to: Mamma Mia (He's Italiano) by Elena,
ft. Glance

Approx. 115 bpm**Start: Dance begins on vocals after 16 Counts..**

Section 1 Side Rock, Behind Side Cross, 4 Swivels L-R-L, 1/4 Turn R
1 - 2 Rock R to R side, Recover on L
3&4 Cross R behind L, Step L to L side, Cross R in front of L
5 6 Swivel both heels right as you step L to left side, swivel both heels left as you step
 R to right side
7 8 Swivel both heels right as you step L to left side, swivel both heels left as you make a
 ¼ turn right stepping fw on R (3:00)

Section 2 Dorothy L + R, Cross Back, Side Rock L,
1-2& Step L fw in L diagonal, Lock R slightly behind L, Step L fw in L diagonal (1:30)
3-4& Step R fw in R diagonal, Lock L slightly behind R, Step R fw in R diagonal (4:30)
5-6 Cross L in front of R (3:00), Step R back
7-8 Rock L to L side, Recover on R *** **Tag & Restart**

**Section 3 L Sailor, Hold With 'shake', R Ball, L Side, R Points Fw - Side, R Sailor Into
 R Side Shuffle (begins Count 1 In Section 4)**
1&2 Cross L behind R, Step R beside L, Step L to left side
3 &4 Hold (shimmy shoulders), step R beside L, step L to L side
5 6 Point R toe across L, point R to R side
7 & 8 & Cross R behind L, step L beside R, step R to R side, step L beside R

**Section 4 R Side (end Of R Shuffle), L Points Fw - Side, L Sailor ¼ Turn L, Turn 1/4 L -
 Stomp R X 3**
1 - 3 Step R to R side, point L toe across R, point L to L side
4 & 5 Turn 1/4 L Step/Sweep L behind R (12:00), step R beside L, Step L fw
6 - 8 Make 1/4 turn L Stomp R to R side (weight on L) (9:00), make 1/4 turn L Stomp R to
 R side (weight on L) (6:00) Make 1/4 turn L Stomp R to R side (weight on L) (3:00)

Begin again – Happy Go Lucky

Tag & Restart: Wall 10 after 16 Counts (6:00)
7-8 Step L to L side, Touch R beside L

Ending: Ends (6:00) Cross R in front of L, unwind 1/2 L stepping down on R and Pose