

## Train Wreck

32 Count, 2 Wall, Intermediate  
Choreographer: Magali Chabret (FR) Nov 2016  
Choreographed to: Train Wreck by James Arthur.  
Album: Back From The Edge

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### 74 BPM

#### Intro: 16 Counts

#### Section 1 **Lunge, Push, ¼ Turn L, Pivot ½ Turn L, ¼ Turn L & R Basic Nc, L Basic Nc**

- 1 Lunge L to L side, bending L leg to L and stretched R leg to R  
2 Push on ball of L to recover onto R with L foot next to R leg  
3-4& 1/4 turn L stepping L forward (9:00) – step R forward – pivot 1/2 turn L (3:00)  
5-6& 1/4 turn L with long step R to R side – step L behind R – cross R over L (12:00)  
7-8& Long step L to L side – step R behind L – cross L over R

#### Section 2 **Modified ½ Diamond Shape, Sweep, Cross, Back, Side, Sweep, Cross, Back**

- 1-2& Step R to R side – 1/8 turn L stepping back on L – step back on R (10:30)  
3-4 1/8 turn L stepping L to L side (9:00) – 1/8 turn L stepping R forward (7:30)  
5 1/8 turn L stepping L forward sweeping R from back to front (6:00)  
6& Cross R over L – step back on L  
7 Step R diagonally back with a small sweep L from back to front  
8& Cross L over R – step R diagonally back  
**\*\* Restart 3rd wall \*\***

#### Section 3 **¼ Turn L, Up Hitch, Drop, Mambo ½ Turn L, Step, Full Turn R, Ball Turn ½ R**

- 1&2 1/4 turn L stepping L to L side – go up on ball of L hitching R knee forward – step R forward (3:00)  
3&4 Rock L forward – recover onto R – 1/2 turn L stepping L forward (9:00)  
5-6 Step R forward – 1/2 turn R stepping back on L  
7&8 1/2 turn R stepping R forward – 1/4 turn R stepping ball of L next to R – 1/4 turn R stepping R forward (3:00)

#### Section 4 **Sweep, Cross, Back, Side, Cross Unwind ¾ Turn L, Unwind ¾ Turn R, Sweep, Behind, Side, Cross**

- &1-2& Sweep L from back to front – cross L over R – recover onto R – step L to L side  
3-4 Cross R over L – unwind 3/4 turn L (6:00)  
5-6 Unwind 3/4 turn R, finish weight on L (3:00) – 1/4 turn R with sweep Rf from front to backward (6:00)  
7&8 Cross R behind L – step L to L side – cross R over L

**Tag:** The Tag is almost identical to 1st Section, only the last counts [7&8&] are modified) at the end of 1st wall:

- 1 Lunge L to L side, bending L leg to L and stretched R leg to R  
2 Push on ball of L to recover onto R with L foot next to R leg  
3-4& 1/4 turn L stepping L forward – step R forward – pivot 1/2 turn L  
5-6& 1/4 turn L with long step R to R side – step L behind R – cross R over L  
7&8& 1/4 turn R stepping back on L – 1/2 turn R stepping R forward – 1/4 turn R stepping ball of L to L side – cross R over L (6:00)

**Restart:** During 3rd wall after 16 counts, facing 6:00

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