

Breath Mint

Web site: www.linedancermagazine.com

32 count, 4 wall, intermediate Choreographer: Natalie Mundy and Zac Detweiller (USA) April 2007 Choreographed to: She's Like The Wind by Lumidee

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Intro: 16 counts. Dance starts on Lyrics and is difficult to count in! You have the option of starting after 32 counts of danceable music, be forewarned that this may not happen at all classes and may confuse your dancers if you do start 32 counts later.

Rock Recover, Full Turn, Point, Cross Shuffle, ¹/₄ Turn, Coaster Step

ROCK Recover,	Full Turn, Point, Cross Shuffle, ¼ Turn, Coaster Step
1&2&3	Slightly rock forward on Left, Recover weight on Right(prep for fast full turn), Hitch Left and make a full turn over Left shoulder, Step Left in place, Touch Right to Right
4&5	Cross Right over Left, Step Left to Left, Cross Right over Left
6	Make a ¼ turn Right stepping back on Left
7&8	Step back on Right, Step Left beside Right, Step Right forward
	s, Roll ball step, Roll ball touch
1&2 3	Touch Left toe to Left side, Step left beside Right, Touch Right to Right Side Hold
&4	Step Right beside Left, Touch Left toe to Left side
5&6	Do a body roll to Left, Step Right beside Left, Step Left to Left side
7&8	Do a body roll to Left Step Right Beside Left, Touch Left to Left
Crossing shuff	le, Swivels, ½ turn Right, Ball change, Hitch ¼ point, ¼ point
Crossing shuff 1&2	Cross Left over Right, Step Right to Right, Cross Left over Right
1&2 &3,4	Cross Left over Right, Step Right to Right, Cross Left over Right Swivel heels Left, Return heels center, Pivot ½ Right taking weight on Left
1&2 &3,4 5&6	Cross Left over Right, Step Right to Right, Cross Left over Right Swivel heels Left, Return heels center, Pivot ½ Right taking weight on Left Rock back on Right, Recover weight Left, Hitch Right foot to Left knee
1&2 &3,4 5&6 &7	Cross Left over Right, Step Right to Right, Cross Left over Right Swivel heels Left, Return heels center, Pivot ½ Right taking weight on Left Rock back on Right, Recover weight Left, Hitch Right foot to Left knee Make a ¼ turn Right stepping on Right, Touch Left toe to Left side
1&2 &3,4 5&6	Cross Left over Right, Step Right to Right, Cross Left over Right Swivel heels Left, Return heels center, Pivot ½ Right taking weight on Left Rock back on Right, Recover weight Left, Hitch Right foot to Left knee
1&2 &3,4 5&6 &7 &8 Cross Step, Sai	Cross Left over Right, Step Right to Right, Cross Left over Right Swivel heels Left, Return heels center, Pivot ½ Right taking weight on Left Rock back on Right, Recover weight Left, Hitch Right foot to Left knee Make a ¼ turn Right stepping on Right, Touch Left toe to Left side Step Left foot beside Right making a ¼ turn Left, Touch Right toe to Right side ilor ¼ turn, Rock Recover, ¼ Cross Point
1&2 &3,4 5&6 &7 &8 Cross Step, Sai 1,2	Cross Left over Right, Step Right to Right, Cross Left over Right Swivel heels Left, Return heels center, Pivot ½ Right taking weight on Left Rock back on Right, Recover weight Left, Hitch Right foot to Left knee Make a ¼ turn Right stepping on Right, Touch Left toe to Left side Step Left foot beside Right making a ¼ turn Left, Touch Right toe to Right side ilor ¼ turn, Rock Recover, ¼ Cross Point Cross Right over Left, Step Left to Left
1&2 &3,4 5&6 &7 &8 Cross Step, Sai 1,2 3&4	Cross Left over Right, Step Right to Right, Cross Left over Right Swivel heels Left, Return heels center, Pivot ½ Right taking weight on Left Rock back on Right, Recover weight Left, Hitch Right foot to Left knee Make a ¼ turn Right stepping on Right, Touch Left toe to Left side Step Left foot beside Right making a ¼ turn Left, Touch Right toe to Right side ilor ¼ turn, Rock Recover, ¼ Cross Point Cross Right over Left, Step Left to Left Step Right behind Left, Step Left to Left making a ¼ turn Right, Step Right to Right
1&2 &3,4 5&6 &7 &8 Cross Step, Sa 1,2 3&4 5,6	Cross Left over Right, Step Right to Right, Cross Left over Right Swivel heels Left, Return heels center, Pivot ½ Right taking weight on Left Rock back on Right, Recover weight Left, Hitch Right foot to Left knee Make a ¼ turn Right stepping on Right, Touch Left toe to Left side Step Left foot beside Right making a ¼ turn Left, Touch Right toe to Right side ilor ¼ turn, Rock Recover, ¼ Cross Point Cross Right over Left, Step Left to Left Step Right behind Left, Step Left to Left making a ¼ turn Right, Step Right to Right Rock Forward on Left, Recover Weight Right
1&2 &3,4 5&6 &7 &8 Cross Step, Sai 1,2 3&4	Cross Left over Right, Step Right to Right, Cross Left over Right Swivel heels Left, Return heels center, Pivot ½ Right taking weight on Left Rock back on Right, Recover weight Left, Hitch Right foot to Left knee Make a ¼ turn Right stepping on Right, Touch Left toe to Left side Step Left foot beside Right making a ¼ turn Left, Touch Right toe to Right side ilor ¼ turn, Rock Recover, ¼ Cross Point Cross Right over Left, Step Left to Left Step Right behind Left, Step Left to Left making a ¼ turn Right, Step Right to Right

Start again!

Natalie and I started choreographing this dance to a different piece of music in the summer of 2006. We decided to set it aside until a better piece of music came along that it fit to. The remix came along in early 2007 and the dance fits beautifully. Thanks Natalie for working with me on this! Cheers to you!!!!

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