

Breakthrough**IMPROVER**

52 Count 4 Walls

Choreographed by: Barbara
Lowe, Kim Ray & Sadiah Heggernes
Choreographed to: Girls Just
Want To Have Fun by Race For Life**Section 1 Rock Forward, Recover, Triple 1/2 Turn, 1/2 Turn, Hold & Step Back, Rock Back**1 - 2 Rock forward on right. Recover weight onto left
3 & 4 Make triple 1/2 turn right stepping right-left-right
5 - 6 Make 1/2 turn right stepping back on left. Hold
& 7 - 8 Step right next to left. Step back onto left. Rock back on right 12.00**Section 2 Rock Forward, Step, Shuffle Forward, 1/4 Pivot, Cross, Point**1 - 2 Rock forward on left. Step forward on right
3 & 4 Shuffle forward stepping left-right-left
5 - 6 Step forward on right. Make 1/4 pivot left
7 - 8 Cross right over left. Point left toe to left side. 9.00**Section 3 Behind, Slide, Shuffle Forward, 1/2 Pivot, Ball, Walk, Walk**1 - 2 Cross left behind right. Step right to right side
3 & 4 Shuffle forward stepping left-right-left
5 - 6 Step forward on right. Make 1/2 pivot left
& 7 - 8 Step right next to left. Walk forward left-right 3.00**Section 4 Rock Forward, Recover, Chasse 1/4 Turn, 1/2 Pivot, Cross Point**1 - 2 Rock forward on left. Recover weight onto right
3 & 4 Make 1/4 turn left stepping left to left side. Step right next to left. Step left to left side 12.00
5 - 6 Step forward on right. Make 1/2 pivot left
7 - 8 Cross step right over left. Point left toe to left side. 6.00**Section 5 Sailor Step, Touch, 1/2 Turn, Dorothy Steps x 2**1 & 2 Cross left behind right. Step right to right side. Step left to left side
3 - 4 Touch right toe back. Make 1/2 turn right taking weight onto right.
5 - 6 & Step diagonally forward on left. Lock right behind left. Step left in place
7 - 8 & Step diagonally forward on right. Lock left behind right. Step right in place 12.00**Section 6 Rock Forward. Recover. Triple 1/2 Turn, Rocking Chair**1 - 2 Rock forward on left. Recover weight onto right
3 & 4 Make triple 1/2 turn left stepping left-right-left
5 - 6 Rock forward on right. Recover weight onto left
7 - 8 Rock back on right. Recover weight onto left 6.00**Section 7 1/4 Pivot, Kick Ball Step**1 - 2 Step forward on right. make 1/4 pivot left
3 & 4 Kick right forward. Step down on right. Step forward on left 3.00**This dance is dedicated to all those who took part in Race For Life 2010 & for all those they raced for.**