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Cowgirl Swing

32 Count, 4 Wall, Beginner

Choreographer: Roger Neff(Sept. 2016)

Choreographed to: Cowgirl Swing by Dave Sheriff

S1 Vine to R, Vine to L

1-2-3-4 Step to R, Step L behind R, Step to R, Touch L beside R

5-6-7-8 Step to L, Step R behind L, Step on L, Touch R beside L

S2 R Lock Steps Fwd, Swing Hips to L, Swing Hips to R

1-2-3-4 Step fwd on R, Lock L behind R, step fwd on R, Hold

5-6,7-8 Sway or swing hips to L for 2 counts, Sway or swing hips to R for 2 counts

(Note: You can also do 2 little bumps to the L and 2 little bumps to the R. Do whatever kind of swings, sways, or bumps that feel comfortable or that fit your idea of a "Cowgirl Swing"!)

S3 Rock Fwd on L, Recover, Step Back, Hold (or Low Kick), Step Back R, L, R, Hitch L and Turn ¼ to L

1-2-3-4 Rock fwd on L, Rec on R, Step back on L, Hold (or low kick with RF)

5-6-7-8 Walk back R, L, R, Hitch L and turn ¼ to L

S4 Rock to L, Recover, Cross, Rock to R, Recover, Cross, Step L

1-2-3-4 Rock to L, Rec on R, Step L over R, Rock to R

5-6-7-8 Rec on L, Step R over L, Step to L, Hold