

Para Toda La Vida

32 Count, 4 Wall, Advanced Beginner

Choreographer: Jennifer Jou, Taiwan (November, 2016)

Choreographed to: Para toda la vida by Marcela Morelo

Introduction : 48 counts

Sequence : 32/32/Tag /32/32/32/Tag /32/32/32/32/Tag /32/32/32/Ending Pose

Sec 1 : **Back, Recover, Side Touch, Forward, Cross, Recover, Side Touch, Bump Hip**

1-4 Rock RF back, recover onto LF, touch RF to right side, step RF forward

5-6 Cross step LF over RF, recover onto RF

7&8 Touch LF to left side and bump hips left

Sec 2 : **Cross Over, 1/4 Turn Left, Back, Hook, Forward, 1/2 Turn Left, Hook, Shuffle Forward**

1-4 Cross step LF over RF, make 1/4 turn left stepping RF back, step LF back, hook RF over LF (9:00)

5-6 Step RF forward, make 1/2 turn left on right ball and hook LF over RF (3:00)

7&8 Step LF forward, step RF beside LF, step LF forward

Sec 3 : **1/4 Turn Left, Side Rock, Recover, Sailor Step Right, Cross Over, 1/4 Turn Left, Back, Chasse Left**

1-2 Make 1/4 turn left rocking RF to right side, recover onto LF (12:00)

3&4 Step RF behind LF, step LF to left side, step RF to right side

5-6 Cross step LF over RF, make 1/4 turn left stepping RF back (9:00)

7&8 Step LF to left side, step RF beside LF, step LF to left side

Sec 4 : **Forward, 1/2 Turn Left, Flick, Shuffle Forward, Forward, Recover, Coaster Step**

1-2 Step RF forward, make 1/2 turn left recovering onto LF and flicking RF

3&4 Step RF forward, step LF beside RF, step RF forward

5-6 Rock LF forward, recover

7&8 Step LF back, step RF beside LF, step LF forward

Tag (16 counts):

S1 Mambo R, Mambo L, (Rock Back, Recover, Beside)X2

1&2 Rock RF to right side, recover onto LF, step RF beside LF

3&4 Rock LF to left side, recover onto RF, step LF beside RF

5&6 Rock RF back, recover, step RF beside LF

7&8 Rock LF back, recover, step LF beside RF

S2 Out, Out, In, In, (Side, Drag) x 2

1-4 Step RF forward and to the right diagonal, step LF forward and to the left diagonal, return and step RF back, step LF next to RF

5-8 Step RF to right side, drag LF toward RF with shimmy shoulders, step LF to left side, drag RF toward LF with shimmy shoulders

Have Fun !!