

Heavy Hearts

64 Count, 4 Wall, Intermediate

Choreographer: Maddison Glover (AU) Jul 2013

Choreographed to: Let Me Down Easy by Sheppard

Start dancing on lyrics

- Section 1** **Side, Touch, Side Touch, Side, Touch Forward, Touch Side, Step Behind**
1-4 Step right side, touch left together, step left side, touch right together
5-8 Step right side, touch left forward, touch left side, cross left behind
- Section 2** **Side, Rock, Behind, Side, Traveling Heel Grind, Behind, ¼ Turn**
1-4 Rock right side, recover to left, cross right behind, step left side
5-8 Cross right heel over (toe turned in), step left side (right toe turned out), cross right behind,
 turn ¼ left and step left forward
- Section 3** **Rocking Chair, Step ½, Step ¼**
1-4 Rock right forward, recover to left, rock right back, recover to left
5-8 Step right forward, turn ½ left (weight to left), step right forward, turn ¼ left (weight to left)(12:00)
- Section 4** **Front, Side, Behind, Point, Behind, ¼, Forward, Scuff**
1-4 Cross right over, step left side, cross right behind, sweep left front to back
5-8 Cross left behind, turn ¼ right and step right forward, step left forward, brush right forward (3:00)
- Section 5** **Side, Toe/Heel, Back, Rock, Side, Replace, Back, Rock**
1-4 Step right toe side, lower right heel, rock left back, recover to right
5-8 Rock left side, recover to right, rock left back, recover to right
- Section 6** **Side, Toe/Heel, Back, Rock, Side, Behind, ¼, Forward**
1-4 Step left toe side, lower left heel, rock right back, recover to left
5-8 Step right side, cross left behind, turn ¼ right and step right forward, step left forward (6:00)
- Section 7** **Diagonal Touch, Diagonal Touch, Side, Together, Back, Kick**
1-4 Step right diagonally forward, touch left together, step left diagonally back, touch right together
5-8 Step right side, step left together, step right back, kick left forward
- Section 8** **Back, Rock, ¾ Step Locks**
1-4 Rock left back, recover to right, turn ¼ left and step left forward, lock right behind
5-8 Turn ¼ left and step left forward, lock right behind, turn ¼ left and step left forward,
 brush right forward

Repeat

- Restarts:** **Restart after count 16 on wall 2**
 Restart after count 32 on wall 7