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## Shout Out To My EX

32 Count, 2 Wall, Beginner

Choreographer: Ray Hodson (UK) Oct 2016

Choreographed to: Shout Out To My EX by Little Mix

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**Start: 32 Count from beat, 17 Seconds**

**Section 1: Cross Rock Side, Up Down And Weave**

1,2,3 Cross Right Over Left, Recover, Right to Side  
& 4, Lifting both heels (&), Both heels down (4)  
5,6,7,8 Cross L, Side Right, Behind Left, Side Right

**Section 2: Cross Rock Side, Up Down, Rock Recover, Back Lock Back**

1,2,3 Cross Left Over Right, Recover, Left to Side  
& 4, Lifting both heels (&), Both heels down (4)  
5,6 Rock Right Forward, Recover on Left  
7&8 Step Back Right, Lock Left in Front of Right, Step Back Right

**Section 3: Back Rock, Quarter Shuffle, Behind Side, Step Pivot 1/2**

1, 2 Rock Back Left, Recover on Right  
3&4 ¼ Shuffle Right stepping Left, Right, Left  
5,6 Step Right Behind Left, Step Left to Side  
7,8 Step Right Forward, Pivot 1/2 Left

**Section 4: Walk, Walk, Kick Ball Step, Step ¼ Cross Side**

1,2 Step R Forward, Step L Forward  
3&4 (Kick ball Step) Kick Right Forward, Step next to Left, Step Left Forward  
5,6 Step R Forward, Pivot ¼ Left,  
7,8 Cross Right over Left, Step L to Side,

**I hope you enjoy,**

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